



IMPORTANT DATES

SEPTEMBER

Thu 5	Vietnam Cambodia Parent/ Student Information Night #2 with Dr Bob Kass in Staff Room, 6pm - 8.30pm
Fri 6	Year 12 Dance Assessment, 7pm - 8.30pm in EPAC
Sun 8	Tournament of Minds @ Flinders University
Tue 10 - Fri 13	Year 10 Camp @ Nunyara Conference Centre, Belair
Tue 10	Foundation Parent Teacher Interviews, 3.30pm - 7.00pm
	Year 1 - 6 Student Led Conferences, 3.30pm - 6.00pm
Wed 11	Middle & Senior School Principal Tour, 9.15am
	Foundation Parent Teacher Interviews, 3.30pm - 5.30pm
	Year 1 - 6 Student Led Conferences, 3.30pm - 5.30pm
	Parent Empowerment Session with Bill Hansbury in EPAC, 7pm - 8.30pm
Thu 12	Junior School Principal Tour, 9.15am
	Spring Instrumental Evening in EPAC, 7pm - 9pm
Fri 13	Middle School Wellbeing Day (Rescheduled from Fri 6)
	Primary Sports Break Up, 5.30pm - 7.30pm (Rescheduled from Fri 6)
Mon 16	SACSA Soccer Yr 4-12 @ West Beach
Tue 17	Middle & Senior School Parent Teacher Interviews, 3.30pm - 8.30pm
Wed 18	Middle & Senior School Parent Teacher Interviews, 3.30pm - 5.30pm

From the Deputy Principal

Dear Families and Friends

1 Corinthians 13 is both a wonderful reminder of what love is and how it is expressed, yet it is also very challenging when one reflects on their ability to express such love.

¹If I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal. ²If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but do not have love, I am nothing. ³If I give all I possess to the poor and give over my body to hardship that I may boast, but do not have love, I gain nothing.

⁴Love is patient, love is kind. It does not envy, it does not boast, it is not proud. ⁵It does not dishonour others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. ⁶Love does not delight in evil but rejoices with the truth. ⁷It always protects, always trusts, always hopes, always perseveres.

⁸Love never fails.¹³And now these three remain: faith, hope and love. But the greatest of these is love.

This is a scripture that many of us would have read and heard preached on numerous occasions. Often, I have been encouraged to replace the word love in verses 4-7 with my own name, only to stumble at the first hurdle, Mark is patient... This quickly reminds me of how dependent I am on God to help fulfil this true expression of love.

No greater demonstration of love has been shown than the sacrifice Jesus made on the cross for us. It is because God first loved us that we are able to love in return. May we continue to spur each other on to love as expressed in this scripture.

In **Psalm 103**, David's praise of God in response to his love is a great encouragement.

- 1 Praise the Lord, my soul; all my inmost being, praise his holy name.
- 2 Praise the Lord, my soul, and forget not all his benefits—
- 3 who forgives all your sins and heals all your diseases,
- 4 who redeems your life from the pit and crowns you with love and compassion,
- 5 who satisfies your desires with good things so that your youth is renewed like the eagle's.

After what has seemed like a long winter, I look forward to spring with longer and hopefully warmer days. However, whether in the depths of winter or with the anticipation of upcoming sunny days, I pray that as a Christian community we will delight in praising God and reflecting his love in all circumstances.

Subject Choices (Year 8 - 12)

We have recently purchased a new time tabling and on-line subject choice program called 'edval'. Students have been making their elective subject choices on-line and with the functionality of this program we hope to generate the best set of subject lines, particularly at Year 11 and 12. This will help us find the best set of lines, enabling students to study many of their preferred subjects. Thank you to all parents and students in adapting quickly to this new on-line platform as the new way of selecting elective subjects.

Drop off and Pick up zones

With the extension of the Drop Off and Pick Up zone along Lynton Avenue (adjacent to the EPAC), new signs have been installed. While the 2 minute limit applies to the 'Drop Off' time period only, we still encourage students to be ready to be picked up when parents arrive. I would also encourage parents to drop off and pick up closer to the second set of gates (EPAC Entrance) when possible, to help reduce some of the congestion at the main entrance gates near the student crossing.

Blessings

Mark Potter
Deputy Principal

Weekly Coffee Connect
Tuesday Morning
8.45am - 9.45am

Weekly Prayer Connect
Thursday Morning
8.45am - 9.15am

Principal Tours

Principal Tours are a great way for families to experience our College first-hand. There will be plenty of information available for families interested in enrolling in the new Brooklyn Park campus opening in 2020.

Upcoming tour dates are:

- Middle and Senior School Principal's Tour - Wednesday 11 September, 9am
- Junior School Principal's Tour - Thursday 12 September, 9am
- Brooklyn Park Campus Tour - Wednesday, 6 November, 9am**

Book online [here](#).

Barb Greenslade
Registrar

Scholarships at Emmaus Christian College

Applications are now open for two Scholarships offered by Emmaus Christian College for 2021 as follows:

- Academic Scholarship for Year 7 in 2021, applications close Thursday 23 January 2020
- Music Scholarship for Year 7 in 2021, applications close Saturday 1 February 2020

Full details of [Scholarships](#) and application forms are available on the [College Website](#).

Scholarships at Emmaus Christian College are available to students who meet the College's enrolment criteria. Please contact the Registrar on 8292 3834 if you require further information.

Middle School

In Week 5 we celebrated Book Week with a range of activities running during lunch times.

On Monday we had an amazing journalist come visit.

On Tuesday we played super fun word games such as *Scrabble* and *Taboo*.

Then on Wednesday and Thursday we got to watch the critically acclaimed movie, *The Princess Bride*! This movie scored 97% on Rotten Tomatoes!

On Friday, we got to sip on delicious tea while reading amazing books.

We hope you all had an amazing book week and continue reading!

Rose
Year 7 Student

Senior School

Young Writer's Award

Hannah, Year 10, was recently awarded first prize for the Young Writer's Award (Year 9 and 10 prose division).

This award is presented to the winners of a writing competition held by the South Australian English Teachers Association. The competition is open to all school students in South Australia, so attracts entries from all over the state.

Hannah's recount, *Winter Morning*, tells of the fun of a rare 'snow day' during her childhood in the UK, and her learning to appreciate the wonder of such special moments. Hannah was presented with her prize at a ceremony at Wilderness School on Friday 23 August.

Hannah won a cash prize, a certificate and her story has been published in the magazine *Opinion*.

Well done, Hannah!

Janine Bates
English Coordinator 7-12



Student Wellbeing Coordinator

How to prevent your child from developing an Eating Disorder

Eating Disorders are extremely prevalent in adolescence in Australia. Many young children and adolescents who do not suffer from a diagnosable Eating Disorder still suffer from disordered eating and negative body image. It is important that we as a community do what we can to reduce our young people's risk of struggling with this issue. Below are some evidenced based strategies that improve the protective factors against disordered eating. These are endorsed by The Butterfly Foundation and the Eating Disorder treatment team at Flinders Medical Centre.

1. Do not over-emphasize weight, shape or physical attractiveness

While it is a natural desire to want our children to be healthy and active, it is important to separate this from weight, shape or appearance. You can make decisions for your family regarding what is eaten and when, but evidence shows that putting pressure on children and adolescents to make 'healthy choices' for themselves in order to look a certain way can be very damaging.

Practical Tips:

- Do not have a strong focus on diets in your household
- Try not to comment on your own body in negative ways or display extreme dieting behaviours
- Do not comment on your child's body, even if it is positive (celebrate things separate from how it effects their physical body)
- Try to encourage physical activity without connecting this to appearance
- Remember that health and 'thinness' are different—not every body is meant to be a certain weight or shape (even though society may make us feel this way!)

2. Have regular and enjoyable family meals

Enjoying meals that include a variety of foods has been proven to increase young people's positive relationship to food. Enjoying food regularly and in the context of positive relationships models healthy behaviour. Evidence shows that banning food, making food 'good' and 'bad', or having strict rules around eating, actually has the opposite effect than intended by parents (ie. it increases food obsession and the risk of binge eating tendencies). Evidence also shows that young people require carbs and fats for their body and brain to develop properly!

Practical Tips:

- Try not to moralize food by making some foods 'bad' and some foods 'good', even if this goes against your instincts (children internalise this as making them bad or good depending on what they eat, which is unhelpful)
- Enjoy a variety of foods in moderation—without really talking about it
- Do not ban certain foods
- Do not encourage calorie counting, 'low carb' or 'low fat' diets in children OR adolescents

For helpful resources and more information on how you can support your child's body confidence, please click [here](#).

Blessings

Kat Clark
Student Wellbeing Coordinator

Donate to the Brooklyn Park Campus Library

An exciting opportunity exists to help create a new Library collection for our Brooklyn Park Campus. Reading is a lifelong skill that is developed in the early years of school and at Emmaus we value and encourage reading across our College. We would love to give families the opportunity to invest in our College by resourcing the Brooklyn Park Library with new books for children to read. We have previously given families at South Plympton the opportunity to make a donation towards books for our current library and now want to extend this to our new Brooklyn Park Library.

If you would like to make a tax-deductible donation towards the purchase of a book please [click here](#).

Your donation will be personally acknowledged with a sticker in the front of the selected book.

We will send you a receipt and confirm the name of the book that we have selected.

Alicia Buxton
Teacher / Librarian

Uniform Shop

2019 Normal Opening Hours

Monday	8.30am - 10.00am 3.00pm - 5.00pm	Thursday	8.30am - 10.00am 1.00pm - 1.30pm 3.00pm - 5.00pm
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Christine Blom-Cursaro
Uniform Shop Manager

Launch News

Debating Update

Round 5 Results- Final Round for the Season

Emmaus had 53 students in 11 teams, competing in the Debating SA competition this year.

Congratulations to our Year 6 Maroon and Blue teams, our Year 7 Green and Red teams, our Year 8 White team, our Year 9 team and our Year 10 Grey team all who won their debates for Round 5. Our Year 6 Purple team had a fierce debate and we had our first draw for the season.

Debaters of the Night were awarded to Emily -Year 6, Mahalia -Year 6, Jed -Year 6 and Martin - Year 7.

From Round 4: Lena in Year 7.

Well done to these students on a fantastic achievement.

We are delighted to announce that both our Year 10 teams finished in the top 8 for the State and will be competing in the Quarterfinals tonight, Wednesday 4 September at Pembroke Middle School at 6.40pm. Everyone is welcome to attend and support our teams.

An enormous thank you to our amazing team of coaches who encourage, support and guide our students.

Students: Jenna and Antakiya both in Year 10 who coached our Year 5 Orange team

Parents: Maria Zucco - Year 7 Green team, Jeremy Coggins - Year 6 Purple team and co-coached both our Year 10 teams

Teachers: Ms Sarah Burrow - both Year 8 teams, Mrs Jude Potter - Year 9 team and Mrs Michelle Coppins - both Year 10 teams

Thank you to our parental body for supporting our students with listening to copious speeches, transporting, supporting and encouraging their children to have a go.

A rising tide lifts all ships.

Carolyn Hull and Susanne Milne
Debating Coordinators and Coaches

Tournament of the Minds

Three teams will be competing on Sunday 8 September at Flinders University in The Tournament of Minds Challenge in The Arts Division. We wish them all the best with their Long Term Challenge and their Spontaneous component of the competition.

Susanne Milne

Launch Coordinator (F - Year 10)

Canteen Roster

Week 7 T3

Thu 5 No help needed
Fri 6 Carla Giliomee

Week 9 T3

Mon 16 No help needed
Tue 17 No help needed
Wed 18 **HELP NEEDED**
Thu 19 No help needed
Fri 20 **HELP NEEDED**

Week 8 T3

Mon 9 No help needed
Tue 10 No help needed
Wed 11 **HELP NEEDED**
Thu 12 No help needed
Fri 13 **HELP NEEDED**

Week 10 T3

Mon 23 No help needed
Tue 24 No help needed
Wed 25 **HELP NEEDED**
Thu 26 No help needed
Fri 27 **HELP NEEDED**

Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please wear enclosed shoes and ensure long hair is tied back. Please also remember to sign in at the Front Office and collect a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

Sharon Hughes
Canteen Manager

Performing Arts

Year 12 Dance Assessment

Our Year 12 Dance Assessment featuring special choreography items and guests from Years 7-11 is being held on Friday 6 September, 7pm in EPAC.

Tickets via [Trybooking](#).

Jessica Routley
Secondary Teacher

Spring Instrumental Evening

Spring Instrumental Evening is coming up on Thursday 12 September, 7pm in EPAC.

This evening is open for any instrumental students, learning privately or through the College. Students of all ages and abilities are welcome to nominate themselves to perform, please do so via this link: <https://forms.gle/GM5PhZ3XTKfWHnnt8>

If you have any questions do not hesitate to contact [me](#).

Tracey Medhurst
Performing Arts Assistant

Careers Corner

Enrolments are now open for the Certificate II Electrotechnology (Career Start) VET Course for 2020 at Emmaus Christian College's Trade Training Centre.

The Certificate II Electrotechnology (Career Start) course is an entry level course for anyone who is interested in the electrical industry. Career options are: Domestic and/or Commercial Electrician, Voice and Data Communications Technician, Refrigeration and Air Conditioning Mechanic and Security, Electrical and Electronics Engineers, Automation (robotics), Engineering Draftspersons and Technicians and Mining.

Details are:

Start Date: Term 1, Week 2 - Friday 7 February 2020 – November 2020. The course will run each Friday
Location: Emmaus Christian College Trade Training Centre
Cost: TGSS Government funded or \$2850 Fee For Service
Provider: PEER
SACE Credits: 50 Stage 1

This course is open to Year 11 and 12 students.

If you are interested or have any queries please feel free to contact me via [email](#).

Cathy Torjul
VET Co-ordinator and Manager Trade Training Centre

Community News

SA Dental Service

Dental care is FREE for ALL babies, preschool and most children under 18 years at School Dental Service clinics.

Their specially trained staff provide comprehensive dental care to help prevent pain and tooth decay. They will always talk to you about what your child needs before they provide any treatment. SA Dental Service has been a trusted government dental service for children since 1969 and bulk bill under the Child Dental Benefits Schedule.

Call now for an appointment! Your local clinic is Marion GP Plus Dental Clinic, phone 7425 8400 or use the link on their [website](#)