

Next College Newsletter: Wed 28th February 2018

Please email your articles to: newsletter@emmauscc.sa.edu.au

Important Dates

February

Fri 16th

'Let there be Coffee' Coffee Van
@ 2.30pm-3.30pm in JS Area

Tue 20th

Yr 12 Parent Information Evening
@ 7.00pm in EPAC

Wed 21st

Reception Students Day Off

Fri 23rd

'Let there be Coffee' Coffee Van
@ 2.30pm-3.30pm in JS Area

Tue 27th

Yr 3-6 Swimming Carnival @
Marion Outdoor Pool

Vietnam/Cambodia Parent
Information Session @ 7.00pm in
Staff Room

Wed 28th

MS/SS Swimming Carnival @
Marion Outdoor Pool

Reception Students Day Off

March

Thu 1st

The Rite Journey 'Departure'
Evening

Fri 2nd

The Rite Journey 'Calling'
'Let there be Coffee' Coffee Van
@ 2.30pm-3.30pm in JS Area

Fri 2nd - Tue 6th

Compass Conference in Canberra

2018 Term Dates

Term 1

Mon 29 Jan - Fri 13 Apr

Term 2

Tue 1 May - Fri 6 Jul

Term 3

Tue 24 Jul - Fri 28 Sep

Term 4

Mon 15 Oct - Wed 5 Dec

(Term dates subject to change)

Weekly Coffee Connect

Tuesday Morning

9.00am - 10.00am



Weekly Prayer Connect

Thursday Morning

8.30am - 9.00am



Upcoming Principal Tours

Principal Tours are a great way for families to experience our College first-hand. Tour dates for Term 1 are:

Middle and Senior School Wednesday, 14th March

Junior School Thursday, 15th March

Please pass this onto your family and friends who are interested in visiting Emmaus Christian College.

For more information and to register visit <http://www.emmauscc.sa.edu.au/principals-tours.html> or 8292 3834.

Registrations are essential.

From the Chaplain

'God is our Strength'

I have on my bookshelf a card on which is drawn a beautiful picture containing the words, 'God is my Strength'. I often look at it, and with gratitude in my heart, reflect upon how profound that really is. God is my strength.

Frequently I hear others remark that they feel overwhelmed with all that life is throwing at them. I know that I have certainly known times when I have felt tired, exhausted even; at the end of my tether. It is one thing to read or say that God is my strength, yet another to believe it. We are easily consumed with the business of life; young children awaking throughout the night, groceries to purchase, meals to cook, children to drop off to sports or play dates, church to attend, quality time spent with one's significant other or children, household budget to meet, bills to pay, demands of work and vocations...

The list is endless really. And that is when things seem relatively normal, let alone if we face a crisis or health concerns or conflict.

So how do we truly hold onto that statement, 'God is my Strength'? How do we tune our ear into the heartbeat of God in the midst of the noise and chaos that is this life that we live? It is not always easy. At times it may feel like an unobtainable aspiration. However the scriptures are clear in that they show countless times that God is with us and indeed truly desires to be our strength, our peace.

Psalms 18:1 says, 'God is our refuge and strength, an ever-present help in trouble.' (NIV)

Philippians 4:6-7 states, 'Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life.' (The MSG)

To tune our ear into the heartbeat of God requires of us to trust in him, and the faithful repetition of belief. On a good day, we may easily say, 'Yes! God is my strength!' But on a bad day?

Personally, to bring my thoughts into check and to stop the circle of tiredness and business from simply dragging me to the next meeting or task, I must pause for a moment and reflect. I need to remind myself that God is my strength. That is why I have that card on my bookshelf. Having before me a visual reminder helps my mind to reset, to breathe deeply and engage my trust in God above. It encourages me to read the scriptures and focus my heart not on the task before me, but upon my refuge, my strength; my ever-present help.

And I must do so, having a faithful repetition of belief. Daily affirmation that God is indeed sovereign, that Jesus has indeed died and risen from the dead, that the Holy Spirit is indeed my comforter and helper.

My prayer for you this year is that you would learn how you can tune your ear into the heartbeat of God, that you would be equipped as Peterson says in The Message, to 'Learn the unforced rhythms of grace.' (**Matt 11:29**). May you embrace the 'unforced rhythms of grace', however it may reveal itself to you and may you know, and truly be able to hold onto, the promise that 'God is our Strength.'

**Adam Wood
Chaplain**

Junior School News

2018 House Captains

During Assembly on Monday morning, Junior School were delighted to hear who are the new House Captains for 2018.

It was very special to witness parents presenting badges to their children. The following House Captains will now join our School Captains who were announced at the end of 2017.

Ruby

School Captain Bradley

House Captains Gabrielle and Ariana

Topaz

School Captain Niki

House Captains Isaac and Annalise

Emerald

School Captain Lucy

House Captains Noah and Panos



Swimming

What a fitting week it was with such hot weather to hold our Year 1 - 6 Swimming Safety program at Marion Pool in Week 2. We would like to thank parents for working with us to prepare their children for swimming at the start of the busy year.

Information Evenings

Staff were very encouraged by the strong attendance of parents/caregivers at the Parent Information Evenings in Week 2. We are blessed to witness such a strength of Parent partnership at Emmaus Christian College.

Thank you.



Helen Vonow

Head of Junior School

Senior School News

Women's Football

Year 11 student, Tamsyn, has recently been selected as a player for the SANFL Glenelg Women's League. She plays midfield/forward and is the youngest member on the team. This is a huge honour for Tamsyn, particularly as she was only 15 years old when selected.

Tamsyn says she was encouraged to play football by her father and participated in Auskick from the age of five. She says her parents have always supported her football ambitions, but also kept her very grounded.

This is a great accomplishment for Tamsyn and we wish her all the best for a successful career as a football player.

Andrea Grear

Head of Senior School



Important Information from Student Services

If a student is absent or late

Parents please note that if your child is absent or going to be late on any given day, you must notify the school each day your child is away. Please call the absentee line on **8292 3838** and leave a message. It is a 24/7 automated voice mail message service.

College Bus Information - Single Trips

As all our College Bus services are full, it is important to note that we unfortunately are unable to accommodate students taking friends home on the bus. NO single trip bus tickets will be available to purchase for this purpose.

Debby Scheepers
Student Services

From the Registrar

2020 Interviews

As valued families of the College community, we would like to remind you to please ensure that you have submitted your child's Sibling Enrolment Application for 2020. Sibling Application Forms can be downloaded from our website or please contact me on 8292 3834 from 8.30am to 1.30pm Monday to Friday should you require a hard copy or have any queries.

Barb Greenslade
College Registrar

Sporting News

Week 2 was a very busy week for Year 1 - 6 students, taking part in Water Safety Swimming lessons in perfect conditions. These lessons are so vital in ensuring our students are equipped with the skills and knowledge to avoid harm when taking part in aquatic based recreational activities. We sadly too often hear of young people experiencing harm in these environments, but hopefully our students will not experience such tragedy and will also enable them to successfully help others when in need. The focus of the week long unit is not necessarily on the various stroke disciplines, but rather growing each student's knowledge and confidence to go in the water.

Our Year 3-6 and Year 7-12 Swimming Carnivals are fast approaching. Both Carnivals are in Week 5 this Term and both days will have some new events for students to take part in demonstrating their personal and team work skills. More information about the Year 3-6 Swimming Carnival will be sent home soon and once again parent involvement and support will be needed to help make the Carnival a successful day.

On Tuesday 13th February, Max Dal Santo and I held a running club for Year 3-6 students and parents here at Emmaus on the Oval. The emphasis of the program is to provide students and their parents an option to be physically active together and there is no better activity than running to switch the mind on for the day and improve fitness levels. At the first session we gave a run down of what will occur during the sessions. Please come along, wearing practical attire and bring a water bottle and towel (if needed). If you have any questions regarding this program, please contact Daryl Porter via email dporter@emmauscc.sa.edu.au or via the College. I look forward to seeing you there.

As we move through this Term, we will be informing you of more sporting options available to our students and for you to be involved in. Some events will be new this year and we hope that these new programs will help to engage your children in remaining physically active. As you hear of these events and if you would like to assist, please let myself or Steph Dolman know, so that we can support you to complete the necessary paperwork and anything else required.

Daryl Porter
PE, Health and Sports Coordinator (Rec - Year 12)

Student Wellbeing Coordinator

Internet Safety

Many families express concerns to staff at Emmaus about keeping their children safe on line. This is not just a local concern, families all around the world see this as an important priority.

Safer Internet Day (SID) is an annual, worldwide event which was held this year on Tuesday 6th February 2018 to help encourage a better internet. This year's theme was *'Create, connect and share respect: A better internet starts with you.'*

Celebrated globally in 130 countries, in Australia this is coordinated by The Office of the eSafety Commissioner which is the official Committee for Safer Internet Day in Australia.

Parents interested in obtaining support and resources on internet safety, please go to <https://www.thinkuknow.org.au/>
For fact sheets and information on keeping your children safe on line, go to <https://www.thinkuknow.org.au/parents-portal>

For your information, I have attached a couple of fact sheets at the end of this newsletter giving practical information about this topic.

If you have concerns regarding this or other issues, please contact Ben Squire or myself at the College.

Sue Chapman
Student Wellbeing Coordinator

Uniform Shop

2018 Normal Opening Hours

Monday 8.30am - 10.00am
3.00pm - 5.00pm

Thursday 8.30am - 10.00am
1.00pm - 1.30pm
3.00pm - 5.00pm

Christine Blom-Cursaro
Uniform Shop Manager

From the Library

Lessons for Junior School students, with borrowing time, are underway. Reception to Year 2 students are required to have a Library bag to transport their Library books from school to home, and back again. This can be purchased from the Uniform Shop if a replacement is required. Make sure that the bag is labelled clearly. Preferably the bag needs to be water protective, rather than just a cloth bag. By the time students reach Year 3 and beyond, we expect them to take care of school resources and be conscious of storing school books away from leaking drink bottles and food. We do ask for payment if a book is damaged beyond repair. (Water damage almost always causes this request).

Online Public Access Catalogue (OPAC)

To access this catalogue all students can log in from any device at home or school at <http://accessit.emmauscc.sa.edu.au/#!dashboard>
Students will receive instruction to help them use the catalogue.

Parent Library

Parents may borrow books from our Library too. We have a Parent Library with parenting focused books and parents may also borrow from the general shelves. The Library staff will be able to help with your requests. It is an easy process to become a borrower, just speak to a Library staff member.

After School Access in the Library

The Library is available for after-school study for Middle School and Senior School students until 4.30pm on Monday, Wednesday, Thursday, Friday. Junior School students are also welcome in the company of a parent or guardian. (Note: Homework Club with additional support for students operates each Wednesday).

Public Library Membership

We encourage all families to make use of their local libraries as well as our school library. (Just remember to return *our* books to *our* Library). This will be especially helpful for students who have particular reading needs or preferences. Our Library has a large and growing selection of resources and books, but the Public Library system offers a vast array of books.

Carolyn Hull, Alicia Buxton & Jan Maschmedt

Canteen Roster

Week 3 T1

Thu 15th **HELP NEEDED**
Fri 16th Karen Baker

Week 5 T1

Mon 26th No help needed
Tue 27th No help needed
Wed 28th **HELP NEEDED**
Thu 1st March **HELP NEEDED**
Fri 2nd **HELP NEEDED**

Week 4 T1

Mon 19th No help needed
Tue 20th No help needed
Wed 21st Sam Allison
Thu 22nd **HELP NEEDED**
Fri 23rd Rebecca Hutchinson

Week 6 T1

Mon 5th No help needed
Tue 6th No help needed
Wed 7th Catherine Chua
Thu 8th **HELP NEEDED**
Fri 9th Helen Talbot

Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please wear enclosed shoes and ensure long hair is tied back. Please also remember to sign in at the Front Office and wear a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

Christine Blom-Cursaro and Sharon Hughes

Music

Instrumental Music Tuition Program

Some lessons commenced last week with more starting this week. Can all students please keep checking the timetable board in the Music Suite for lesson times.

Music Calendar

Please encourage your child to perform at one of these musical events and come along to hear the amazing talents of our students.

Term 1	Week 8	Thursday 22 nd March	Autumn Instrumental Evening @ 7.00pm in EPAC
Term 2	Week 6	Wednesday 6 th June	Winter Instrumental Evening @ 7.00pm in EPAC
Term 2	Week 10	Tuesday 3 rd July	Middle/Senior School Music Showcase @ 7.00pm in EPAC
Term 3	Week 8	Friday 14 th September	Spring Cabaret Evening @ 7.00pm in EPAC

Andrew Verco

Careers Corner

Part time work and work experience provides valuable life skills our students can learn while they are at school.

Work experience gives students the opportunity to have a 'look and feel' of a career they think they may be interested in before committing to further training or an employment contract.

Our Year 10's are currently planning their work experience week and I would encourage them to search and apply for work experience as quickly as possible. I would also like to recommend they stretch themselves a little by going to a workplace they are not familiar with (ie. not the family business). This will give them a feel for a different business culture and work with people they are not accustomed to.

Of course, any Year 11 or 12 students can also undertake work experience and whilst Emmaus does not have an official work experience week for these year levels, school holidays are the perfect opportunity to investigate a career pathway.

Need some ideas? Below are some links where students can investigate work experience:

Adelaide Oval offer a wide variety of work experience opportunities from functions and events, ground keeping, stadium operations, food and beverage, and kitchen operations.

<http://www.adelaideoval.com.au/14166/work-experience.aspx>

SA Power Networks provides placements in electrical and power line trade, IT, human resources, finance and other areas.

https://www.sapowernetworks.com.au/centric/corporate/careers/work_experience.jsp

City of Marion also offer a wide variety of work experience opportunities ranging from administration, civil works, environment, library, IT, human resources, engineering and many other areas.

<http://www.marion.sa.gov.au/page.aspx?u=879>

A part time job opportunity

Core Physiotherapy & Pilates Studio are hiring a part-time receptionist in the Plympton area.

This position is suitable for a Year 10, 11 or 12 student who may be looking to gain experience in administration this year.

No experience is necessary, 6-10hrs per week. All applications can be submitted to plymptonoffice@corephysio.com.au

If you require any further information, please contact me at ctorjul@emmauscc.sa.edu.au

Cathy Torjul

VET Co-ordinator

Community News

Student Placement

In June each year, students aged 15 - 16 years from France will be arriving in Australia to study at local schools for 12 weeks.

Opportunities are available to become a host family in a volunteer/unpaid capacity.

Host families help provide each student with the chance to study and experience life in Australia. This is a great way to practice your French, share your stories, learn about another country and culture, establish a lifelong link to a family in another country and contribute to international goodwill.

Students bring with them their own spending money, health insurance, a wonderful attitude and desire to learn about their new host country. Your extended family and friends will grow and learn as you all get to know your new 'son' or 'daughter' from another land. If you can offer a friendly, supportive and caring home environment, Student Placement would like to hear from you.

For further details contact Jenny Hanson (SPANZ SA Placement Coordinator) email: info@studentplacement.com.au phone: 8323 0973 or 0409 890 184.

MarionLIFE

Volunteer Opportunities Available

All MarionLIFE services are made possible by volunteers generously giving of their time and passion to service others - if you would like to give back to the community, please let them know! MarionLIFE welcomes expressions of interest for the following volunteer vacancies:

Emergency Relief Volunteers - one morning a week, Monday to Thursday, 9.00am - 12 noon

Administration Volunteers - hours and days are flexible, from 2 to 15 hours per week.

Community Meal Head Cook - two to four Thursday nights per year, on a roster with other cooks.

Brekky for Blokes Kitchen Hand - 8.00am - 10.00am on 2nd and 4th Friday each month.

Telephone 8277 0304 or email info@marionlife.org.au to express your interest.

Emergency Relief Donations

Thank you to the many individuals and community groups who donate non-perishable food and hygiene items to our Emergency Relief Service. We are currently in need of pasta, pasta sauce, long life milk, tuna, shampoo, laundry powder and toilet paper. Donations are provided to community members who are experiencing unemployment, homelessness, mental health issues, family breakdown and other struggles. Thank you for your ongoing support.

Parent Information Session

Tuesday 27 February, 7pm

in Staffroom

Cambodia & Vietnam Trip 2018

21 September - 6 October

General information will be given about:

**Purpose
Costs
Itinerary
General travel tips**

Parents are encouraged to ask questions as topics come up, however there will also be a general question time at the end.

IS YOUR FAMILY SECURE ONLINE?

Australians are increasingly relying on the internet in their everyday lives, from banking and shopping, through to using emails, social networking and blogs to keep in touch with family and friends.

We are using a range of devices such as computers, mobile and smart phones, tablets, computer game consoles and other devices to go online.

While the internet offers many benefits, it is important that users adopt safe and secure online practices. We need to know who we are providing information to and be confident they will treat it securely and appropriately.

The Australian Government's Cybersafety Help Button also provides internet users with easy online access to cybersafety information and assistance available in Australia. The help button is free and available at http://www.dbcde.gov.au/online_safety_and_security/cybersafetyhelpbutton_download.

Visit www.staysmart.online.gov.au for further information on how to protect yourself online.



Here are some tips internet users can use to protect their personal and financial information online:

- Install and renew your security software and update it regularly.
- Turn on automatic updates on all your software, including your operating system and other applications.
- Set strong passwords, particularly for important online accounts and change them regularly.
- Think carefully before you click on links and attachments, particularly in emails and on social networking sites from people you don't know.
- Use privacy settings to control who has access to your information on social networking sites.
- Stop and think before you post any photos or financial or personal information about yourself, your friends or family.
- Use a secure payment method such as PayPal, BPay, or credit card when shopping online
- Remove all traces of personal data before disposing of your computer
- Keep informed about the latest cyber security risks and talk with your family about how to Stay Smart Online.

SOCIAL NETWORKING SAFELY

Social networking sites such as Facebook, Twitter and LinkedIn are used to stay in touch with friends, make new friends or business connections and to share information and opinions about topics we're interested in.

While most people who use social networking sites are well intentioned, you need to be careful about the information that you share and how you protect it.

People can inadvertently or intentionally use your information to embarrass you or damage your reputation, or to even steal your identity.

The Australian Government's Cybersafety Help Button also provides internet users with easy online access to cybersafety information and assistance available in Australia. The help button is free and available at http://www.dbcde.gov.au/online_safety_and_security/cybersafetyhelpbutton_download.

Visit www.staysmart.online.gov.au for further information on how to protect yourself online.



Here are some steps to help protect you when using social networking sites:

- set your online profile to private and be discerning about who you accept as your 'friend'
- protect your accounts with strong passwords
- never use the same password that you use for your bank or email accounts and have a different password for each social networking site so that if one password is stolen, not all of your accounts will be at risk
- think before you post – ask yourself if the information you are sharing is something you want your family, friends or future employees to see
- don't post information that would make you or your family vulnerable – such as your date of birth, address, information about your daily routine, holiday plans, or your children's schools
- don't post photos of you or your family and friends that may be inappropriate – or that your family and friends haven't agreed to being posted
- never click on suspicious links – even if they are from your friends – as they may have inadvertently sent them to you
- be wary of strangers – people are not always who they say they are. It's a good idea to limit the number of people you accept as friends
- always type your social networking website address into your browser or use a bookmark.

Free parenting seminar

Raising brilliantly behaved children



Are you the parent of a 5 - 12 year old?
Want fewer behaviour dramas at home?

Hear psychologist, parenting author and commentator
Jodie Benveniste talk about:

- dealing with challenging behaviour in ways that bring out your child's strengths and true character
- alternatives to discipline and punishment
- encouraging cooperation rather than conflict.

Wednesday 21 March

When: 7.00 - 9.00pm

Where: Adelaide Convention Centre
North Terrace, Adelaide
Riverbank Room 7 & 8
(easy access via West entrance)

Register to attend in person or view the live webcast at:

Online: <http://parentingsa.eventbrite.com.au>

Phone: 8303 1660

Email: health.parentingsa@sa.gov.au

Presented by Parenting SA.
For more information about raising children visit
www.parenting.sa.gov.au or
www.cyh.com

For the benefit of all participants we request no babies and young children.

Helping parents be their best



**Government of
South Australia**