

V Indicates Vegetarian
GF Indicates Gluten Free Products

DF Indicates Dairy Free
VE Indicates Vegan

NF Indicates Nut Free

ASIAN MEALS

Fried rice with chicken **GF NF DF**
 Vegetarian hokkien noodles **VE NF DF**

COLD ROLLS

2 of the same flavour and dipping **sauce Not GF**
 3 of the same flavour and dipping **sauce Not GF**
 BBQ Pork **NF DF**
 Teriyaki Chicken / **VE** Tofu **GF NF DF**

RICE NOODLE OR RICE SALAD BOWL ASIAN & VINAIGRETTE DRESSING 1000ml

GF NF DF Thai Chicken / Roast Pork / **VE** Tofu
NF DF Lemongrass Beef

GRILLED CIABATTA

Please give an alternative on lunch order bag

Chilli chicken strips, tomato, baby spinach, onion, cheese, sweet
 Chilli mayo
 Chicken schnitzel strip, tomato, baby spinach, onion, cheese, mayo
 Chargrilled peppers, sundried tomatoes, black olives, baby spinach
 Cheese, mayo **V**
GF Chicken Tender on **GF** Coles Focaccia, tomato, baby spinach,
 onion, cheese, mayo
 Please only order if you have dietary requirements

SUSHI **GF NF DF**

Smoked Salmon/Teriyaki Chicken/Cooked Tuna/California Rolls 2.70
 Vegetarian **VE** /Pumpkin and Avocado **VE** 2.70
 Soy sauce
 Butter Chicken with Rice **GF DF** contains almond meal 5.70
 Malaysian Chicken with Rice **GF DF** 5.70
 Dahl **VE GF NF** 5.70

½ VIETNAMESE ROLL

Please give an alternative on lunch order bag
 Thai Chicken/Butter Chicken contains almond meal 3.00
 Roast Pork/Tofu **VE**

RICE NOODLE OR RICE SALAD BOWL ASIAN & VINAIGRETTE DRESSING 1000ml

GF NF DF Thai Chicken / Roast Pork / **VE** Tofu 6.50
NF DF Lemongrass Beef 6.50

BAGUETTES

Chilli chicken strip, carrot, lettuce, mayo 4.20
 Chicken schnitzel strip, carrot, lettuce, mayo 4.20
 Chicken*, carrot, lettuce, mayo 4.20
 Cheese, carrot, lettuce, cucumber, mayo 4.20
 Chicken and salad **ORDERS ONLY** 4.80
 Falafel and salad and hummus **VE** **ORDERS ONLY** 4.80
 Salad = lettuce, cucumber, tomato, grated carrot, mayo

SANDWICHES

Add 50c for gluten free
GF bread is available. MARK clearly on lunch order
 Buttered 1.20
 Vegemite & Butter 1.60
 Light cheese & butter **GF** 4.00
 Salad: Lettuce, cucumber, tomato, grated carrot, mayo **GF** 4.00
 Meat: Chicken **GF** or ham **GF** & Butter 4.00
 Light cheese and salad **GF** 4.50
 Meat: Chicken or ham and salad **GF** 4.50

Salad = lettuce, cucumber, tomato, grated carrot, mayo **GF**

WRAPS OR CIABATTA **ORDERS ONLY**

Chicken and salad 5.50
 Chilli chicken strips and salad 5.50
 Chicken schnitzel strips and salad 5.50
 Falafel, hummus and salad **V** 5.50

Salad = lettuce, cucumber, tomato, grated carrot, mayo

SALADS 700ml **ORDERS ONLY** **TUESDAY TO THURSDAYS ONLY**

Light Cheese and salad **GF** 6.00
 Meat: Chicken or Ham and salad **GF** 6.00
 Falafel, hummus & salad **VE** 6.00

Salad=lettuce, cucumber, tomato, grated carrot, mayo

Add Chargrilled peppers or sundried tomatoes or black olives .50 each

MONDAYS ONLY

Please give an alternative on lunch order bag

Please select one flavour

Please select one flavour & Rice or Rice Noodles

TUESDAYS ONLY

WEDNESDAYS ONLY

THURSDAYS ONLY

Please select one flavour & Rice or Rice Noodles

Please select White or Wholemeal

(Wholemeal Only) **ORDERS ONLY**

Please select Wrap or Ciabatta

HOT FOOD

Garlic Bread (9 inch) 2.20
 100g Pizza: Ham & Pineapple 2.70
 100g Ham & Cheese 2.70
 Hot Dog **NO** sauce **ORDERS ONLY** 3.70
 Hot Dog **WITH** sauce 4.20
 Light Pie 4.20
 Light Potato Pie 4.20
 Light Sausage Roll 4.00

Spinach and Cheese Roll 4.20
 Vegan Summer Roasted Vegetable Pasty **ORDERS ONLY** 4.50

Please only order if you have dietary requirements

GF Sausage Roll **ORDERS ONLY** 4.70
GF Beef Pie **ORDERS ONLY** 4.70
GF Spinach, Ricotta and Fetta Roll **ORDERS ONLY** 4.70

BURGERS **ORDERS ONLY**

Vegetarian: Vegetarian patty, carrot, lettuce, mayo **VE** 4.70
 Beef: Beef patty, lettuce, tomato sauce 4.70
 Chicken: Crumbed chicken patty, lettuce, mayo 4.70

Mark **GF** clearly on lunch order

Please only order if you have dietary requirements

GF Chicken Tender burger, lettuce, mayo and **GF** roll 5.00
GF Vegetarian: Vegetarian patty, carrot, lettuce, mayo **GF**
 roll **VE**
GF Beef burger, lettuce, mayo and **GF** roll 5.00

SNACKS

Apricot and coconut balls **GF** .50
 Grainwaves 1.00
 Chips: plain, honey, soy 1.00
 BBQ veg chips **GF** 1.00
 Fruit in season 1.20
 Sun Fruits 1.20
 Gingerbread person 1.80
 Light choc muffin 1.80
 Banana bread 2.20
 Yogurt Shop 190g Berry Bliss / Vanilla Bean **GF** 4.00

ICE BLOCKS

Fruit Tubes .50
 Moo – strawberry/chocolate/ banana 1.20
 Lifesaver icy pole 1.00
 Lemonade icy pole 1.00
 Frosty Fruit 1.00
 Twisted frozen yogurt – watermelon & mango **GF** 2.20
 Krazy Krush Slushy - Small 2.00

DRINKS

500ml NU Water 1.50
 600ml NU Light sparkling water 2.00
 250ml Golden Circle (Apple, Apple Blackcurrant, Orange) 1.80
 250ml Up & Go (Chocolate/Strawberry/Vanilla/Banana) 2.20
 250ml Oak Strawberry/Chocolate 2.20
 350ml Golden Circle (Apple/Orange/Apple Blackcurrant) 2.50

EXTRAS

Spoon/Fork .10
 Paper Plate .10
 Mayo .20
 Tomato sauce .20
 Sweet chilli sauce .20
 French Salad Dressing .20
 Light cheese slice .50
 Salad item (lettuce or cucumber or tomato or grated
 carrot) .50

Canteen Procedures and Rules

Canteen procedure for Qkr app ordering:

- Download the free Qkr app
- Set up student profile/s
- Cut off for ordering is **8:00am** on the day
- Pre order up to 2 weeks in advance
- Pre orders can be **cancelled using the app before cut off on the day, 8:00am**
- Junior school lunch orders will be sent to class in the class lunch box
- Middle and senior school lunch orders can be collected from the canteen at lunch time
- Late lunch orders can be placed at the canteen using cash or EFTPOS (\$5.00 minimum) before 10:00am
- Use the support contact details on the app if you are experiencing problems

Canteen procedure for cash ordering

Junior school

- Clearly write out a lunch order bag, must have students name and teacher's name
- Place cash in the bag and fold it over at the top a few times to stop the money from falling out
- Place the lunch order bag in the green bag in the class lunch order box
- Class lunch box is sent to the canteen
- Class lunch box will be collected at 12:00
- Late lunch orders can be placed at the canteen using cash before 10:00am

Middle and Senior school

- Clearly write out a lunch order bag, must have students name and teacher's name
- Place cash in the bag and fold it over at the top a few times to stop the money from falling out
- Place in the blue lunch order box outside the front office before **9:00am**
- Lunch orders can be collected from the canteen at lunch time 12:50pm
- Late lunch orders can be placed at the canteen using cash before 10:00am

Canteen procedure for EFTPOS ordering

Middle and Senior school

- Place order at the canteen before school from **8:15am to the start of school 8:40am**
- Clearly write out a lunch order bag, must have students name and teacher's name
- Pay using EFTPOS, there is a **\$5.00 minimum and using a card only (no phone or watch payments)**

Teachers

- Please order lunches before **9:00am** and place in the blue Canteen box outside Reception or place order at the canteen before school from 8:15am to the start of school 8:40am using EFTPOS (\$5.00 minimum) **or order using the Qkr App**

NOTE:

- There will be no orders taken at recess time unless a student is late to school.
- Late lunch or miss the deadline orders, can be made at the canteen (no calls or emails) by 10:00.; not all menu items are available, e.g. hot dogs, burgers, wraps, sandwiches
- There are some foods that can only be purchased if ordered, e.g. sandwiches, rolls, wraps / ciabattas
- **Junior Students**, Icy treats (ice blocks, Crazy Krush Slushy - Small) can be ordered and collected (lunch bag brought back to canteen) or purchased from the canteen at lunch time before cut off 12:30pm. Only 1 icy treat will be given or sold to a junior student at a time

Emergency Lunches

Junior Students

The Canteen **does not provide** credit.

Forgotten lunch or money or dropped lunch or inedible lunch

Junior students report this to their teacher as soon as possible. They will be sent to the canteen with an Emergency lunch pink slip, where they will be offered an emergency lunch (a piece of fruit for recess and baguette or sandwich for lunch). An email will be sent home with the details of the emergency lunch provided and payment will be required the following day on Qkr using the money owed to canteen menu or cash or EFT at the canteen.

Missing Qkr orders

If a student is missing a Qkr lunch order the student will be sent to the canteen with an Emergency lunch pink slip as soon as possible an emergency lunch (a piece of fruit for recess and baguette or sandwich for lunch) will be supplied. The missing Qkr order will be investigated after both lunch times at 2:00pm, an email will be sent home with the details of the emergency lunch provided and payment will be required the following day on Qkr using the money owed to canteen menu or cash or EFT at the canteen.

Secondary Students

The Canteen **does not provide** credit.

Forgotten lunch or money or dropped lunch or inedible lunch

Report directly to the Canteen Manager. Canteen to supply an emergency lunch (a piece of fruit for recess and baguette for lunch). An email will be sent home with the details of the emergency lunch provided and payment will be required the following day on Qkr using the Money Owed to Canteen Menu or cash or EFT at the canteen.

Missing Qkr orders

If a student is missing a Qkr lunch order the student will be offered an emergency lunch (a piece of fruit for recess and baguette or sandwich for lunch), The missing Qkr order will be investigated after both lunch times at 2:00pm, an email will be sent home with the details of the emergency lunch provided and payment will be required the following day on Qkr using the money owed to canteen menu or cash or EFT at the canteen.