



## IMPORTANT DATES

### SOUTH PLYMPTON

#### MARCH

Thu 12	MS/SS Principal Tour
Mon 16	Yr 8 Immunisations Yr 10 Immunisations
Wed 18	Yr 9/10 & SACSA Open Table Tennis @ Woodville District Table Tennis Club
Thu 19	Yr 5/6 & Yr 7/8 SACSA Table Tennis @ Woodville District Table Tennis Club
Fri 20	MS/SS Athletics Carnival @ Bowker Street Oval, Brighton
Mon 23	MS/SS Parent/Teacher Interviews, 3.30pm - 8.30pm
Tue 24	MS/SS Parent/Teacher Interviews, 3.30pm - 5.30pm
Wed 25 - Fri 27	Yr 7 Camp - Wirraway
Thu 26	Yr 3-6 Athletics Carnival @ Bowker Street Oval, Brighton

### BROOKLYN PARK

#### MARCH

Thu 12	ELC -Yr 2 Photo Day
Wed 18	Principal Tour
Tue 24	Yr 1/2 Parent/Teacher Interviews 3.30pm - 7pm
Wed 25	Foundation Parent/Teacher Interviews 3.30pm - 5.30pm

Weekly Coffee Connect  
[South Plympton](#)  
 Tuesday, 8.45am - 9.45am  
[Brooklyn Park](#)  
 Friday, 9.20am - 10.20am

Weekly Prayer Connect  
 Thursday Morning  
 8.45am - 9.15am

## Upcoming Principal Tour at Brooklyn Park

Principal Tours are a great way for families to experience our College first-hand.  
Brooklyn Park Campus Tour date for Term 1 is:

**ELC and Junior School - Wednesday 18 March, 9.15am**

Please pass this onto your family and friends who are interested in visiting Emmaus Christian College. Registrations are essential. For more information and to register visit the website.

## From the Head of Middle School

### Dear Families and Friends

*The hearts of the young seek  
 The hearts of those who love them try  
 When hearts unite, God's joy in us will multiply*

It was a tremendous joy to see our Year 9 students surrounded by their families at our recent Departure and Calling Ceremonies that mark the launch of our Rite Journey program. It is exciting to see expectancy in the students for what this transformational journey will involve. Students are encouraged to leave their childish ways behind and grow in maturity and responsibility. We also recognise that we are and will always be God's children. Jesus Himself said, *"Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven."* **Matthew 18:3 (NIV)** How freeing it is to know who we are because we first know 'whose' we are. *"See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!"* **1 John 3:1 (NIV)**



The Rite Journey teachers take the three Year 9 academic classes and meet in four single gender Home Groups. They also share four Rite Journey lessons together each week to build relationships, engage in challenges, and to engage in meaningful discussions about what it looks like to transition well from childhood into adulthood. Students have embarked on a year of growth and transformation. They will engage in a range of opportunities to grow their faith, responsibility, relationships and independence. And what a privilege it is to partner with families along this journey! One challenge that many students look forward to with excitement and nervous energy is the 'solo experience' on the Rite Journey camp where students spend time on their own in the outdoors, sleeping for one night under a shelter they create using a tarpaulin and rope. It is a time for self reflection, for students to be stretched beyond their normal comfort zone, to let go and step up, and to realise that we never have to face challenges solo (alone), *"Never will I leave you; never will I forsake you."* **Hebrews 13:5 (NIV)**.

At Emmaus, rather than removing challenges from our young people or rushing in to 'save' them when they encounter hardships, we desire to come alongside them with encouragement and support, that they might grow stronger through the challenge. This not only helps them now but allows them to face future challenges with greater confidence. Having experiences that seemed really challenging at the time but were worked through well become opportunities for them to draw upon. What a joy it is to see students growing this resilience and stepping into all that God has created them to be.

In His Service,  
**Jonathan Carpenter**  
 Head of Middle School



## Middle School

In Week 5 our Year 9s officially launched 'The Rite Journey' with two rite of passage ceremonies: The Departure on Thursday evening/overnight and The Calling and Challenge Day on Friday. The Rite Journey signifies key moments in the lives of our young people and creates space to reflect on God's faithfulness along their journey from childhood into adulthood.

The Departure was a special ceremony where parents/caregivers and their son/daughter shared in memories and keepsakes that best represented their childhood. There were tears of joy, smiles, laughter and fond memories recalled. We concluded the evening with a powerful time of prayer as parents commissioned their children on their journey towards adulthood.

The Calling and Challenge Day: After sleeping over at the College, Year 9s woke up at 5am to arrive at Grand Central Avenue, Hallett Cove for sunrise, where their parents welcomed them to celebrate the beginning of their journey into adulthood. After a delicious breakfast shared together, students then spent some time in reflection as they looked over the ocean, listening to a live harpist performance before heading to Challenge Hill at Woodhouse Activity Centre for a day of teamwork, fun and reflection. The Emmaus Rite Journey team would like to thank the parents and families for their positive involvement, and tremendous support of this significant program.



**Ben Squire, Paul Mills, Heather Edwards and Melissa Keen**  
Year 9 Teachers



## Emmaus Forward Planning

As I type, news of the 4<sup>th</sup> interstate school closure due to the COVID-19 (Corona) virus has just been announced. I can assure families that Emmaus continues to actively monitor this situation and will continue to make well informed, responsible, and timely decisions as necessary. From what I understand, the interstate schools currently impacted were issued very short notice of closure arrangements. Although I have no reason to believe any South Australian school will similarly be impacted, it is prudent for me to share that Emmaus may be placed in a position of notifying all families of a similar closure in the season ahead too. If this was the case, it is likely there would be little lead time hence encourage you to pay extra attention to your various avenues of contact by the school at this time. As practical, it would be Emmaus' intention to ensure student learning programs continue as usual (just remotely!) during any closure arrangements. I hope and pray however such arrangements are unnecessary.

With respect to forward planning, the Emmaus Board are also embarking on a new season of Strategic and Master Planning. The goal is to ensure our continued faithfulness and stewardship of resources is the focus of our next season ahead. It remains our commitment to provide outstanding facilities and programs for our current and future students. As a part of this process all families, staff, and students (Year 5 and above) will be asked to undertake an Emmaus online 'Sentiment Survey'. This survey is being undertaken and collated by Resolve Consulting, a Christian consultancy organisation supporting Churches and Christian Schools nationally. Next week every family will be sent a link to this Sentiment Survey which should take approximately 20-30 minutes to complete. Students will undertake their survey at school as a part of a normal school day. On behalf of the Board I ask that you invest into this survey as the results will help Emmaus plan successfully for the season of service ahead.

As a part of our Celebrations last year acknowledging our 40 years of ministry and the opening of our Brooklyn Park Campus, we also launched our 40 Year History book "40 Years of Faithfulness". It is with great excitement I share with you that every current Emmaus family will receive a free copy of this history book. It is planned to be distributed together with the 2019 Emmaus Year book in the next few weeks. Please watch out for these two exciting arrivals!

**Andrew Linke**  
Principal

---

## Senior School

### Compass Conference 2020

Compass Conference was held in Canberra once again and this year the three College Captains and three Vice Captains enjoyed the conference, sightseeing and my company!

Compass is an interesting mix of students from Christian Schools from all over Australia and it is a wonderful opportunity to meet like-minded people, many of whom become friends. The conference is designed to help school leaders think about what they can do in their final year to make a difference in the lives of others and be the face of Christ in our communities.

The program was a series of talks about God's big story of our faith which encouraged us to dig deep into biblical truths. We were challenged with inspiring speakers who provided new perspectives into faith and what it means to live as a child of God.

The whole conference is much more than lectures, we also got to visit our National Capital and learn to appreciate how democracy works, although the behaviour of the politicians in Question Time was an eye opener for the students. The challenge is now to learn to lead, which of course begins with learning to lead ourselves. The whole experience is a privilege to be part of and I am always encouraged by how our young people respond – it promises a hope filled future.



**Andrea Gear**  
Head of Senior School

## First Aid

### Wash, Wipe, Cover tips

Being struck down with a cold, flu or gastroenteritis is unpleasant and disruptive. Many of these common infectious diseases are spread by germs on our hands.

You can reduce the risk of getting sick or passing infections on to others by:

- Washing your hands, particularly after going to the toilet or handling used tissues
- Wiping down frequently touched surfaces
- Covering your coughs and sneezes with a tissue

It is also important to avoid touching your eyes, nose and mouth, or handling food, until you have washed your hands. Avoid contact with others if you are sick and if others are sick, keep your distance as much as possible.

By following these simple steps you will help yourself, your family, friends and work colleagues to slow the transmission of colds, flu and gastro.

If you would like more information about stopping the spread of germs, please see the Wash, Wipe, Cover information [brochure](#) and supporting [fact sheet](#). For additional resources, see the Wash, Wipe, Cover [resources page](#).

**Ros Argent and Maria McIver**  
**First Aid Officers**

---

## Sporting News

Swimming Carnivals for 2020 are done and dusted. It is funny to see how much of a difference 24 hours makes in regards to the weather conditions as the Junior School event had perfect conditions and the Middle/Senior event had some challenging conditions to compete in and for staff to work through. The Junior school event was won by Topaz house and the Middle/Senior event was again won by Emerald. This year we included 50m Freestyle, Backstroke and Breaststroke trials in the Junior School program giving those competitive swimmers the chance to qualify for our SACSA swimming team, while their peers had free time. It was great to watch these athletes demonstrate their skills and abilities in their sporting passion. The day was well supported by parents and caregivers providing a carnival like atmosphere which spurred on many of our young swimmers to participate in all stroke heats.

The Middle/Senior event had a total of 14 records broken on the day. This was excellent to see as these students earn their house bonus points for breaking an event record, which will again be done for the Sports Day event coming up later this term. For house captains and leaders it was a great opportunity to meet their house members and get members involved in these sporting opportunities setting a standard for future house competitions.

Our SACSA Under 11 to Open swimming team competed at the Adelaide Aquatic Centre for their annual competition. Last year we had a team of 19 athletes, this year we had a team of 34. We finished overall Champions and third in the Challenge Shield. This is a great result and the team displayed excellent sportsmanship, support for one another and resilience to achieve their very best which was noticed by other school staff and spectators. The team was very well managed by Mrs Morgan Marinakis, Mrs Susan Van der Merwe, Mrs Mandy Nield and supported by caregivers, thank you. We also had ten Junior School students compete in the local SAPSASA who achieved some very impressive times and four students were selected in City South District Swimming team that will compete at the SAPSASA State Swimming Championships later this term.

Information about after school sporting opportunities for Junior/Middle school in Terms 2 and 3 have been emailed to all parents of children in Years 2 to 7. Like previous years some of these sporting opportunities will not be possible without parental assistance in the form of coaches, assistant coaches and team managers. Attached to the emails are Google form links for each sport that need to be completed by the set due date or we will not be able to nominate a College team for that sport. If you would like to be involved you will need to provide a valid Police clearance and RAN mandatory qualification.

### Students achievements:

- Joel (Year 10) won the U16's 100m Gold medal with a mid 11 second time that was a second off the State Record set in 2004. He finished the U16's Long Jump third winning a Bronze medal at the State Athletic Championships, and has now qualified for Nationals later this month.
- Orlanzo (Year 8) won the U15's Pole Vault - Gold medal achieving a personal best height. He also won the U17's Pole Vault - Gold medal, jumping another personal best of 3.70m and broke the State Record for his age that was previously set in 1995 at the State Athletic Championships. He has qualified for Nationals later this month.
- Samuel (Year 11) was a member of the Southern Tigers District Basketball Team that won the Summer Season Grand Final match.
- Fraser (Year 11) finished second in the U18 boys 110m Hurdles and Triple Jump at the State Athletic Championships.
- Omariah, Lucas (T), Lucas (C) and Joshua were all selected in the SAPSASA City South District Swimming Team.

If your child(ren) have any sporting achievements that you would like to share with the Emmaus community please [email](#) me so that I can include in future newsletters.

**Daryl Porter**  
**PE, Health and Sports Coordinator (F - Year 12)**

## Performing Arts

### Vocal Tutor Vacancy

Our instrumental program continues to grow and we are seeking applications for another Vocal Tutor to join our team.

Application details can be found on our [website](#), please pass on to relevant people in your Church communities who may be interested. Applications close Monday 16 March.

### Autumn Instrumental Night

We hold a number of Instrumental Nights throughout our school year and the first one is coming up in Week 10. Any student learning an instrument is welcome to perform in this relaxed evening held in the EPAC. It is a platform for students to experience performing and all ages and stages of play are welcome. Students nominate themselves by way of a Google Form which is advertised in our student morning notices, through our College Tutors and on the notice board of the Music Suite.

Our Autumn Instrumental Night is on Thursday 2 April, please put it in your diaries, all google form details will be released Monday 16 March.

**Tracey Medhurst**  
Performing Arts Assistant

---

## From the Library

### Premier's Reading Challenge 2020

All students in the school are welcome to participate in the **Premier's Reading Challenge (PRC)** again in 2020. This is a state-wide reading promotion program that we have been involved in since its inception. Students will receive an acknowledgement of their participation – either a certificate or a medal.

For students in Foundation – Year 2 the reading will happen as part of Library time or classroom shared reading with their teacher.

For students in Year 3 - 6, the participation is expected as part of their regular reading programme and is supported through regular borrowing time in the Library. Students are expected to read 12 books, 8 of which must come from the Premier's Reading Challenge list for their year level (or assumed level of reading. Students who need reading support can speak to the Library staff about their choices.) The books on this list can be found [here](#) (Note: DO NOT print this list.... It is 172 pages long!)

Students in Years 7 - 12 are also encouraged to participate in the PRC. The requirements for books from the PRC list are different for this age group. Middle School students, Years 7 - 9, must read at least 4 books from the PRC list at a suitable level of challenge, plus 8 other books that will also challenge them.

Senior School students, Years 10 - 12, may read any 12 books (including English novels) that are at a suitable standard for their age group.

There is plenty of time to complete the reading, although we have some eager readers who have already finished the required 12 books. Completed PRC record sheets must be printed and handed in to the Library before 4 September 2020 so that we can input the data and submit it. Awards (certificates and medals) are usually sent to the school early in November.

Reading 12 books is not usually a challenge for most students, so we encourage them to create their own challenge targets after they have completed the PRC.

### Books to read before you leave Junior School

There are many books to recommend to avid readers. Here are a few that everyone should read before they leave Junior School! But it is never too late!

*Charlotte's Web* - E. B. White  
*The Lion, the Witch and the Wardrobe* - C. S. Lewis  
*Once* - Morris Gleitzman  
*The Hobbit* - J. R. R. Tolkien  
*Charlie and the Chocolate Factory* - Roald Dahl  
*Sadako and the Thousand Paper Cranes* - Eleanor Coerr  
*Rowan of Rin* - Emily Rodda

Remember: Books are windows into hearts and minds and portals to empathy and compassion.

**Carolyn Hull**  
Teacher Librarian

## Launch News

### OzCLO - The Australian Computational and Linguistics Olympiad

OzCLO is a contest for high school students. It challenges students to develop their own strategies for solving problems in fascinating real languages. On Wednesday 4 March, six of our Year 11 students competed in this challenging National competition. Thanks to Ms Sarah Burrow for training our students and giving them the opportunity to be academically stretched in participating in OzCLO.

### Chess Club

Chess club is up and running. All Junior School students ( F - Year 6) are welcome to join. Beginners welcome. Chess improves spatial skills, increases your child's ability to problem-solve, improves memory, concentration and develops the ability to plan. Held each Thursday Lunch from 12.10pm in Mrs Strybos room.



### Debating Teams

For 2020 we are pleased to announce that Emmaus Christian College will be entering ten teams from Year 5 - Year 10 in the Debating SA competition. Practices will start in Week 10 of this term.

### Debating SA

Debating coaching is available with Debating SA. All students are welcome to attend Debating SA tuition on how to prepare for a debate.

#### Prepare a Debate Seminar (Years 5 - 7), \$25

Saturday 14 March, 10.30am - 4.30pm

Nazareth Catholic College, Flinders Park Campus, 1 Hartley Road, Flinders Park.

Suitable for beginners. The 'Prepare a Debate Seminar' will provide you with the opportunity to prepare and present a debate to an adjudicator and receive feedback in preparation for the upcoming debating season.

#### Rebuttal Seminar \$15

Saturday 21 March, 3pm - 4.30pm

Nazareth Catholic College, Flinders Park Campus, 1 Hartley Road, Flinders Park.

Highly recommended for all Primary School debaters. This seminar will take you through the most popular techniques or rebuttal. Teaching fun games that you can play with your team to help improve your rebuttal skills.

**Susanne Milne**

Launch Coordinator (F - Year 10)

## Uniform Shop

### 2020 Normal Opening Hours

Monday 8.30am - 10.00am	Thursday 8.30am - 10.00am
3.00pm - 5.00pm	1.00pm - 1.30pm
	3.00pm - 5.00pm

**Christine Blom-Cursaro**

Uniform Shop Manager



# Student Wellbeing Coordinator

## T.I.F Girls has had a name change: Introducing the 'Game Changing Girls'!

For years, Emmaus has fostered friendship and community for Year 5 - 6 girls through a fortnightly lunch time program called T.I.F Girls, which stood for The Ideal Friendly Girls. In 2020, we have decided to refresh our name to make our purpose and calling clear. Early in Term 1, we voted on some possible names and decided that we would now be known as the Game Changing Girls.

We chose this name because 'game changers' are brave, creative and independent thinkers who are willing to stand up for what they believe in. At Emmaus, we want to support our young girls to be these things and more. We want to see them step outside their comfort zone, create lasting friendships and welcome in those who sit on the fringes. We want to see them stand up to bullying and create a community of love—something that is not always easy!

So far this term we have hosted a friendship picnic, created confidence posters, where the girls all wrote compliments toward one another and we celebrated our unique gifts and personality traits, and decorated cookies to both eat and share with friends. Please enjoy some photos of our last event and encourage your daughter, if she is in Year 5 or 6, to come along!



Blessings



**Kat Law and the Game Changing Girls Teaching Team**  
**Student Wellbeing Coordinator**

## Canteen Roster

### Week 7 T1

Thu 12 No help needed  
 Fri 13 Catherine Chua

### Week 9 T1

Mon 23 No help needed  
 Tue 24 No help needed  
 Wed 25 **HELP NEEDED**  
 Thu 26 No help needed  
 Fri 27 **HELP NEEDED**

### Week 8 T1

Mon 16 No help needed  
 Tue 17 No help needed  
 Wed 18 **HELP NEEDED**  
 Thu 19 No help needed  
 Fri 20 Karen Baker

### Week 10 T1

Mon 30 No help needed  
 Tue 31 No help needed  
 Wed 1 April Natalie Almond  
 Thu 2 No help needed  
 Fri 3 **HELP NEEDED**

Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please wear enclosed shoes and ensure long hair is tied back. Please also remember to sign in at the Front Office and collect a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

**Sharon Hughes**  
**Canteen Manager**

## Community News

### School Fire Aid

Students from nine leading Adelaide schools - Emmaus Christian College, Immanuel College, Nazareth Catholic Community, Prince Alfred College, Pulteney Grammar, Sacred Heart College, Seymour College, St Mary's College and Westminster School are banding together to provide a huge rock concert in support of communities affected by recent devastating bush fires. Students and their families are welcome to come to Westminster School and enjoy this milestone rockfest music event!

When: Wednesday 25 March 2020, 6.30pm

Where: Westminster School's Michael Murray Centre for Performing Arts - Main Auditorium, Alison Avenue, Marion, SA 5043

Tickets are \$10 and the venue is limited to 1000 seats!

For more information and bookings [Trybooking/BIQC](#)



### SA Dental

Children with poor oral health are more likely to experience pain, miss days from school and perform poorly in the classroom. Untreated tooth decay can lead to problems with speaking, eating and learning.

SA Dental Service sees over 80,000 children for dental care each year, but data shows that 57.5% of eligible children in SA are not using the Medicare Child Dental Benefits Schedule.

There are no out of pocket costs for children covered by the Medicare [Child Dental Benefits Schedule](#).

For clinic locations [click here](#).



## MarionLIFE is a proud full member of:



## MarionLIFE appreciates the support of:

- |                                      |                                |
|--------------------------------------|--------------------------------|
| Anglicare SA + Telstra               | Inner Wheel Holdfast Marion    |
| Ascot Park Primary School            | Junction Australia             |
| Australian Refugee Association       | Lions Club of Edwardstown      |
| Bakers Delight                       | Lions Club of Marion           |
| Beaumont Tiles                       | Marion Church of Christ        |
| Business SA                          | Marion-Warradale               |
| CareWorks SA                         | Uniting Church                 |
| Carolyn Power MP                     | Miss Sunday Event Stylist      |
| Carthew Foundation                   | Morialta Trust                 |
| City of Marion                       | Nicolle Flint MP               |
| Clovelly Park Primary School         | Officeworks                    |
| Community Centres SA                 | Once & Again Café              |
| Department for Innovation and Skills | OzHarvestSA                    |
| Department of Human Services SA      | Patritti Wines                 |
| Department of Social Services        | SA Aquatic & Leisure Centre    |
| Drummer Marketing                    | SA Council of Social Service   |
| Emmaus Christian College             | Share the Dignity              |
| Flagstaff Hill Baker's Pantry        | Spendless Shoes                |
| Foodbank SA                          | St Elizabeth's Anglican Church |
| Hindu Society of SA                  | StreetSmart Australia          |
| Good Shepherd Microfinance           | TerryWhite Chemmart Marion     |
|                                      | UnitingCare Wesley Bowden      |
|                                      | Volunteering SA&NT             |
|                                      | Westpac                        |

**Thank you!**

### MarionLIFE Community Services Inc.

**Office Open:** Monday – Thursday 9am – 12noon

**Address:** 887 Marion Rd, Mitchell Park 5043

**Post:** PO Box 380, Park Holme 5043

**Phone:** (08) 8277 0304

**Fax:** (08) 8277 0023

**Email:** [info@marionlife.org.au](mailto:info@marionlife.org.au)

**Website:** [www.marionlife.org.au](http://www.marionlife.org.au)

**Donations:** [www.givenow.com.au/marionlife](http://www.givenow.com.au/marionlife)

**Follow Us:**   

**Volunteer:** Various roles available, contact us to express your interest.

### Have a BIG IDEA for your community?

Share it with us, we may be able to support you making it a reality.

MarionLIFE Community Services is a not-for-profit community organisation that strives to provide meaningful, flexible and responsive care & support to individuals and families in need.

We aim to express the love of God through relationship & services that enrich lives, maximise independence and provide hope.



**MarionLIFE is the community development arm of Marion Church of Christ.**

Sunday service times  
10am and 6pm.

# Crisis Support

# Community Development

# Community Education

# Social Groups




## CONNECTIONS

### Australian Refugee Association (ARA)



ARA at MarionLIFE provides refugees with information, support and referrals to assist them to settle into Adelaide. This service is provided on **Wednesdays, drop-in between 9am-2pm** and run by an Arabic Speaking Case Manager who will use an interpreter to support people with other languages. Free Service. For enquiries contact Hind on 0418 331 424 or ARA on 8354 2951.

**M.O.P.S.** (Mothers of Pre-schoolers) **9:30-11:30am fortnightly on Mondays during school term.** Time out for Mum while your child (birth to 5 years) is cared for. A relaxing place for friendship, discussion, guest speakers, refreshments and creative activities. Program available through Marion Church of Christ. **Cost \$4.50.**

**Friendship Club** - All welcome, no booking required.  Open to all seniors. Experience good company and interesting programs. Available through Marion Church of Christ **2nd & 4th Thursday each month 1.30 - 3.30pm. Cost \$2.**

**MarionLIFE Hunger Walk** - Annual event, registration required. Join us for a walk along the Sturt River to raise awareness & funds for our work providing food, care and support to individuals and families in need. Register at [www.marionlife.org.au/hungerwalk](http://www.marionlife.org.au/hungerwalk). **Annually on the 1st Saturday in November.**


## YOUTH


**MarionLIFE Youth** - All welcome, no booking required.   A free drop-in space for 10-17 year olds in our Youth Centre. Includes a safe 'hang-out' space with fun activities, life skills workshops and a healthy light meal. All welcome, no cost. Bring a friend too! **3 - 5:30pm Fridays during school term.**


**Girls' Brigade 6:30 - 8pm. Tuesdays during school term.** For all girls aged 5+. Fun, friendship and activities including craft, games, cooking, singing and a whole lot more! Program available through Marion Church of Christ. **General weekly cost \$5, sibling discount and full term payment discount available.**

**Element Youth**  
Program available through Marion Church of Christ. **7:30pm every Friday during School Terms. General weekly cost \$3.**

## COMMUNITY SPACES

**Community Garden** - All visitors welcome.  A welcoming, safe and colourful space where people can come to build friendships, learn, share, relax and inspire others. Work together to: give back to the community; grow organic and affordable fresh foods and learn new skills. Garden open Tuesday and Thursday 9:30-11:30am excluding public holidays and subject to extreme weather conditions.


**Community Meal** - All welcome, no booking required.  Family friendly and held on the 1st & 3rd Thursday of the month at the church pavilion 6.30pm - 7.30pm. A delicious two course meal cooked by creative chefs and you pay only what you can afford.

**Marion Mugs** - All welcome, no cost and no booking required.  Come along for conversation, companionship and coffee. Held in the MarionLIFE Community Garden. Carers welcome. Weekly Monday 9:30-11:30am.

**Christmas Day Lunch** - All welcome, booking preferred. Held each year 12:00pm on 25 December, join us for Christmas Day Lunch. Come along for a main meal, tea/coffee, music and fun! Families with children most welcome too. \$5 per person with booking to help us cover catering cost.

**Good Gear**  
Quality pre-loved merchandise at affordable prices. Mon 10am-3pm, Tue & Wed 9am-3pm, Thurs 10am-4pm, last Sat of month 10am-2pm.

## MEN

**Brekky for Blokes** - All welcome, no booking required.  Great Food. Great Company. Great Time Out. 9.00am, 2nd and 4th Friday of the month. Gold Coin Donation.

## WOMEN

**Women Together** - All welcome, no booking required.  For all women, those who are new to Australia and those who have always lived here. Enjoy relaxed conversation, share a skill or learn something new. All levels of English are welcome and children also welcome. Held at MarionLIFE. Weekly Wednesday 9.30-11am (during school terms).



No Cost



Bus Service




Vegetarian options available





Telephone translation available


[www.marionlife.org.au](http://www.marionlife.org.au)



## COMMUNITY EDUCATION

**Confident Budgeting Course** - Run regularly.  Learn how to save money, set goals, budget, be assertive and organised, deal with Centrelink and avoid scams/poverty traps. Contact us to register for the next course.



**Big Dish Up Course** - Run regularly. Learn new skills and meet new friends. Free six week course on bulk and affordable cooking. Contact us to register for the next course.  


## HELP WHEN YOU NEED


**Financial & Budget Counselling\*** - By appointment.  Includes dental waiver letters, No Interest Loans, negotiating with creditors and Wyatt grant applications for those eligible. Financial Counselling provided by UnitingCare Wesley Bowden.

**Emergency Relief\*** - No appointment required.   2 x visits per six months per physical address with a valid Centrelink card. Visits are available **Mon, Tues, Wed and Thurs between 9am-12noon.** First come first serve basis. Food and Foodbank vouchers, toiletries/hygiene items, blankets, school shoes, clothing support and some bill assistance. Christmas Hampers also available (register in November).

\*Available for certain suburbs, contact us for more information.

**Bus to Foodbank** - Bookings helpful, but not required.   Free weekly bus to Foodbank SA at Edwardstown. Bring your Foodbank voucher, Centrelink card and eftpos card. **Weekly on Thursday, bus leaves 9:30am sharp.**

**Health and Wellbeing Support** - By appointment.  Feeling stressed, anxious, unsure? We are here to listen and support you through Personal-Family-Health-Relationship-Parenting challenges or questions. Confidential, non-judgmental and free. Health and Wellbeing Support provided by a registered nurse with extensive health counselling experience.

**Tax Help** - July - October by appointment. Earn less than \$60K, don't own investment property & haven't sold shares?  Have your tax done for FREE at MarionLIFE.

**Garden Tool Library** - Garden tools to hire for small fee. Bookings essential, call Junction Australia on 0410 432 425. Hiring open to all.

MarionLIFE