



IMPORTANT DATES

MAY

- Sat 25 - Year 11 Lands Trip
- Sun 2 June
- Mon 27 - Year 11 Camp - Monarto
- Thu 30 Zoo
- Mon 27 - Year 11 Arts Trip
- Thu 30
- Mon 27 - Year 10 Work Experience
- Fri 31
- Fri 31 Year 11 Rest Day

JUNE

- Mon 3 SACSA Cross Country
Yr 3 - 12 @ Carisbrooke
Park, Salisbury
- Tue 4 Yr 9 The Rite Journey
Parent Information Evening,
6pm - 7.30pm in EPAC
- Thu 6 Yr 8 - 10 Dance & Drama
Showcase, 3pm - 9pm in
EPAC
- Mon 10 **PUBLIC HOLIDAY**
- Thu 13 SACSA Netball Boys
Yr 8/9 & Open @ SA United
Church Netball Association
- Fri 14 SACSA Netball Girls
Yr 8/9 & Open @ SA United
Church Netball Association

From the Head of Senior School

Manado Independent School Visit Practising Hospitality Emmaus Style!

On Friday 17 May, we had the pleasure of welcoming Manado Independent school to Emmaus for a short visit. Manado Independent School is a private Christian school in Indonesia which provides education from Kindergarten age (K1) to Senior High School (Grade 12). Their visit was an opportunity for our whole school to welcome and show hospitality to the staff and students of Manado. What a wonderful experience it was! Our students had the occasion to practise hospitality and create some connections with our Indonesian friends. So many people contributed to the success of the day and Emmaus students, who were buddies, exceeded expectations of what was asked of them, making the day a winner.

The students from Indonesia were in Adelaide for four days. Although their visit was complicated by visa issues for their staff, it did not stop the events that had been organised going ahead with aplomb.

The day started with a welcome assembly. Then students from our three sub schools were happy to meet up with their Manado buddies for the rest of the morning. Students saw Year 12 Drama rehearsals, sat in a variety of lessons from Year 5 to 12 classes and Senior students were also given a tour of the school. During lesson 4, creative and sporting activities were organised for our Indonesian visitors and their buddies – a true introduction to Australian culture through art, Aussie rules football, cricket and table tennis. This must have been a challenge after our visitors had eaten an amazing pavlova treat at recess made by Year 11 Food and Hospitality students.

The final event was a barbecue organised to feed all those involved in the visit. Our Chaplain, Adam Wood, excelled himself when he chose kangaroo sausages, as well as ordinary beef sausages, and chicken skewers for well over 130 people. It was a major exercise in hospitality, however, it was entertaining and welcoming for our guests in a truly Australian and Emmaus style – we do like to celebrate with food! The whole program was a genuine way to show our love for our guests and to celebrate our developing relationship. Jesus tells us in **Matthew 25:40** "whatever we do for the least of people, we do for him." So, showing hospitality is celebrated as part of this attitude in the Bible and is such an important characteristic for Christians to show!

Thanks goes to all staff and students for their support with our visitors from Manado. So many stepped up and went above and beyond in being great hosts for our Indonesian visitors.

Despite our different locations and cultures, both being distinctly Christian Schools binds us together in the body of Christ.



Andrea Grear Head of Senior School

Manado Independent School (MIS) is a private Christian institution which provides education from Kindergarten age (K1) to Senior High School (Grade 12). MIS was the first school in the region to be granted an international school license by the National Education Department as a school of international standard (Sekolah Berstandar International). All sections of MIS are accredited by the Badan Akreditasi Sekolah Nasional of Indonesia, with "A" (excellent) classifications.



Students enrolled at MIS come from countries such as Australia, Sweden, the Netherlands, the Philippines, Singapore, Japan, Germany, Papua New Guinea, Korea and Indonesia. All graduating students of Grade 6, 9 and 12 receive an MIS Diploma of Study from MIS International Standard exams, as well as choosing to take the National Examinations as a prerequisite to study in other Indonesian schools and universities. Several graduating students in grade 12 have been accepted into overseas universities.

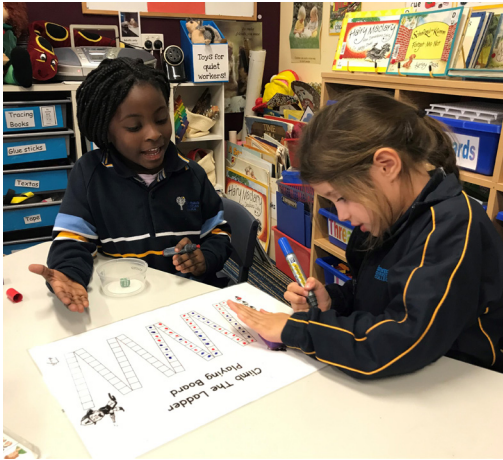
Weekly Coffee Connect
Tuesday Morning
8.45am - 9.45am

Weekly Prayer Connect
Thursday Morning
8.45am - 9.15am

Junior School

A Snap Shot of Life in the Junior School

It is always a privilege to walk through the Junior School and witness the wonderful array of learning planned by our dedicated teachers. I cannot help but share a snap shot of some recent learning with you.



Foundation Maths - Developing Number



Foundation HASS - All About Me



Year 1 Visual Arts - Line and Shape



Year 1/2 Maths - Understanding Time



Year 2 Literacy - Spelling



Year 3 Maths - Tens and Ones (Units)



Year 3/4 Science - Investigating Friction



Year 3/4 Literacy - Developing Vocabulary



Year 5/6 Indonesian - Quizlet Vocab Development

Helen Vonow
Head of Junior School

Middle School

Umpire - Junior AFL

Brody in Year 7 had the wonderful opportunity of umpiring his first game of Junior AFL last Sunday.

There were glowing reports of his thorough knowledge of the game rules, his organisation before the game and excellent communication with the players, coaches and other umpires.

We are very proud of this amazing achievement and Brody's display of leadership throughout the whole process, representing the College well.

Felicity Leighton
Middle School Teacher



Year 7 Camp - Wirraway Homestead

The First Day

The Year 7 camp was held during Week 4 at Wirraway Homestead. On the first day of camp we found our dorm groups and unpacked. Then we went to cash in our money and went to 'The Shed' for a meeting. We learnt where everything was and what activities we could do in free time. There was a large range of free time activities, such as: carpet ball, pool, table tennis, stilts, horse shoe puzzles, climbing on the bouldering wall and trampolining.

Activities

Sheep herding was quite a challenge, some of the sheep were really stubborn and refused to move, which made us shout louder, which meant our throats were sore the next day! The low ropes course consisted of a number of challenges which needed to be completed as fast as we could. We had to complete the obstacle course as a team. In the horse riding sessions, we learned how to groom and approach the horses safely. We also got to ride the horses and we learned how to walk, steer, trot and stop, as well as how to mount and dismount safely.



Highlights

- "My highlights were sheep herding and horse riding." - Olivia*
- "My favourite thing was horse riding, especially riding Hunter." - Ella*
- "My highlight was the low ropes course because we won." - Nicole*
- "My highlight was sheep herding because it was a big challenge to get the sheep to be obedient." - Niki*



By Niki, Keesha, Noah, JT and Panos
Middle School Students

Principals Tours

Principal Tours are a great way for families to experience our College first-hand.

There will be plenty of information available for families interested in enrolling in the new Brooklyn Park campus opening in 2020.

Upcoming tour dates are:

Middle & Senior School Principal's Tour: Wednesday, 19 June, 9am

Junior School Principal's Tour: Thursday, 20 June, 9am

Book online [here](#)

Barb Greenslade
Registrar

Launch News

Public Speaking

Congratulations to Kaitlin, Year 10, who won the Plain English Speaking Association, (PESA), Public speaking competition heat on Friday night at Legacy House. She competed against Year 10-12, students from various independent schools.

Kaitlin has been working on her 8 Minute speech since last term. Her speech was titled 'Defining moment, defining lives.' Kaitlin spoke about how one mistake can define a person's life as what happened with Trevor Chapell. She offered the alternative of looking at the whole person's life and putting their judgement errors in perspective.

Kaitlin has been practising her 3-minute impromptu speeches each week and delivering them in front of Junior school audiences.



Young Writers Competition

Mahalia, Year 6 has entered her poem inspired by her studies on Ned Kelly into the South Australian English Teachers Association, 2019 Young Writers Award. We wish her all the best with her entry.

The Ballad of Stringy Bark Creek

Unexpected policemen, clueless and relaxed
 The Kelly Gang pounce out of hiding, guns ready to fire
 Harsh winds, even harsher looks
 Stress in everyone, stress being put on the trigger
 Four against two
 One surrenders, one dives for his gun
 Kelly takes the shot, he hits, he kills
 Four against one
 One dead, one spared
 Frantic shouts echo, unheeded warnings to his returning fellow constables
 The gang emerges from hiding
 Four against three
 Kelly takes the shot, he hits, he kills
 Four against two
 Revenge-filled for his fallen comrade, the other fires
 A fatal miss grazes a shoulder
 Kelly takes the shot, he hits, he kills
 One left, not for long, he flees for his life

Debating News

Emmas has 11 teams competing in the Debating SA competition. Students have three weeks to prepare their argument in a logical manner, researching and providing evidence for their debates.

In the first round, 7 of our teams won. A special mention of our Year 5 team who debated for their first time and won. They are currently equal 8th on the ladder. Thank you to Antakiya and Jenna both in Year 10 who have been successfully coaching the team. Our Year 10 Grey team is 2nd.

Congratulations to Belinda (Year 6), Ava (Year 8), and Benjamin (Year 8) our debaters who won "Speaker of the evening".

Susanne Milne
Launch Coordinator (F - Year 10)

First Aid

Hand, Foot and Mouth Disease - Including Symptoms, Treatment and Prevention

Hand, foot and mouth disease is a viral infection usually caused by the coxsackie A virus, although occasionally it is caused by other more serious viruses such as an echovirus or an enterovirus. It mainly affects children under the age of 10, but can also affect adolescents. It spreads easily from one person to another within the community. Please read the information below so that you can be better informed about the symptoms of this illness.

How hand, foot & mouth disease is spread

The virus can spread from an infected person by close contact with the fluid in the blisters, by coughing and sneezing, by contact with faeces and by contact with contaminated objects or surfaces.

Signs and symptoms

Symptoms may include:

- Fever
- Tiredness
- Loss of appetite
- Blisters in the mouth and on the hands and feet (see image)
- A sore mouth for a few days before the ulcers or blisters appear

Affected young children may refuse to eat or drink.

Diagnosis

Diagnosis is usually made by clinical presentation.

Incubation period

(Time between becoming infected and developing symptoms) 3 to 5 days.

Infectious period

(Time during which an infected person can infect others)

The blisters are infectious as long as they contain fluid. The faeces can remain infectious for several weeks.

Treatment

Usually none is required. Use of paracetamol for the fever and any discomfort may be indicated. Aspirin should not be given to children under 12 years of age unless specifically recommended by a doctor.

Prevention

- Exclude people with hand, foot and mouth disease from childcare, preschool, school and work until all blisters have dried.
- The blisters should not be deliberately pierced or broken because the fluid within the blisters is infectious. The blisters will dry naturally.
- Follow good hand washing techniques and keeping areas clean procedures.

Ros Argent and Maria McIver

First Aid Officers

Canteen Roster

Week 5 T2

Thu 30	No help needed
Fri 31	Tam Battersby

Week 7 T2

Mon 10	Public Holiday
Tue 11	No help needed
Wed 12	HELP NEEDED
Thu 13	No help needed
Fri 14	Carla Giliomee

Week 6 T2

Mon 3 June	No help needed
Tue 4	No help needed
Wed 5	Blake Watson
Thu 6	No help needed
Fri 7	Karen Baker

Week 8 T2

Mon 17	No help needed
Tue 18	No help needed
Wed 19	HELP NEEDED
Thu 20	No help needed
Fri 21	Catherine Chua

Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please wear enclosed shoes and ensure long hair is tied back. Please also remember to sign in at the Front Office and collect a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

Sharon Hughes
Canteen Manager

Uniform Shop

2019 Normal Opening Hours

Monday 8.30am - 10.00am 3.00pm - 5.00pm	Thursday 8.30am - 10.00am 1.00pm - 1.30pm 3.00pm - 5.00pm
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Christine Blom-Cursaro
Uniform Shop Manager

Wellbeing Coordinator

Got Grit?

Grit is defined as having perseverance and passion for long-term goals and working hard toward challenges, even when failure and adversity presents itself. Grit is a 'non-cognitive' skill, similar to self-control, resiliency, and curiosity. Researchers now realize that grit is as important, if not more, than academic skills! We know that teaching literacy and mathematic skills are important for a student's long-term success. But what happens when the mathematic gets a little tricky? Or when the reading is boring? What keeps a student from giving up? G R I T! That's what! And, grit can be taught. So, below are some ideas for how you might help your child develop more grit.

1. Praise the effort, not the grade

When you praise the 'stick-to-it-ness' of your child's efforts, they will be more determined to continue working hard. Praising your child's hard work will encourage them not to give up.

2. Let them struggle

As hard as it is to see your child struggle, they need to learn how to work through frustration and failure. If you swoop in and save them before they fail, they will never learn how to deal with failure, which is a part of life. While they are struggling, praise their effort!

3. Create and talk about your own goals

If your goal is to clean the basement, repaint the bedroom, or run that half-marathon, talk about it as a family. Share what small steps you are taking along the way to meet your goal, and talk about your own struggles and how you plan to get past them.

4. Keep and model an open mindset

An open mindset is believing that things can change, that we can improve our skills and knowledge, and that we can get past challenges, instead of saying, "I cannot do this!" you can say, "I cannot do this....yet."

5. Find ways to challenge your child

Encourage your child to try new things, even if they are not sure they are any good at it. Trying new things is how we learn from our mistakes. Give them age-appropriate chores at home. Find new hobbies and involve your child. Praise their effort along the way!

6. Build their self-esteem

When children have confidence in their value and worth regardless of their mistakes, they are much more likely to develop the skills required to 'fail well'. See Week 3's newsletter for tips in developing self-esteem in your children.

Blessings,

Kat Clark
Student Wellbeing Coordinator

Careers Corner

I am excited to announce that Emmaus is offering a non-accredited Electrical Construction Taster Course.

The taster course is targeted at Year 10 students and will give students who enjoy working with their hands the chance to have a look and 'taste' at the construction and electrical industry.

This course will be highly interactive and hands on and is intended to provide students with an introduction into construction, in particular electrical. The students will gain a white card qualification (WH&S) and will build a portable electronic mobile phone charger.

It will also provide an avenue for those who wish to go on to study the Certificate II Electrotechnology (Career Start) course, which is a pathway into an electrical apprenticeship. Students may also consider another course in construction. Please note that this course will focus mainly on electrical.

Students who complete this course will gain a White Card qualification. Course Cost: \$490 (includes course materials).

The Electrical Construction Taster Course will commence in Week 2 Term 3 and will run every Monday afternoon for 8 weeks in our Trade Training Centre.

For an enrolment form or more information please contact me on ctorjul@emmauscc.sa.edu.au

Cathy Torjul
VET Coordinator

College News

Emmaus Christian College presents *'Almost, Maine'*

Year 10 and Year 12 Drama students are presenting *'Almost, Maine'* - seven love stories written by John Cariani and directed by Michelle Coppins and Jessica Routley.

The play is being performed on Wednesday 12 and Thursday 13 June at 7pm in the EPAC.

Bookings are essential at trybooking.com

Community News

Australian Sports Camps (ASC) - 8 - 10 July

Australian Sports Camps have run camps for over 36 years in sports such as Football, Netball, Cricket, Soccer, Hockey, Basketball, Rugby Union, Rugby League and Tennis. They are dedicated in providing the best sports coaching for boys and girls (6-16 years) of all standards. Specialist coaches or guest professional sports stars attend daily to run specific skills sessions. They are delighted to have paired up with other providers to offer even more options including Futsal, Rock Climbing, Golf and more! They offer a 25% early booking discount on all ASC 3-day camps which is available to all participants who book by Sunday 2 June. Further information can be found on their [website](#) or by contacting the office on 1300 914 368.

Calm and Confident Kids

A free seminar with Kirrilie Smout, Child and Adolescent Psychologist, at Unley Park Baptist Church, Bellevue Place, Unley Park on Monday 24 June, 7.30pm. Book your free tickets at www.eventbrite.com.au