



NEWSLETTER

T3 Wk 7 5th September 2018

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Next College Newsletter: Wed 19th September 2018

Please email your articles to: newsletter@emmauscc.sa.edu.au

Important Dates

September

Thu 6th

Junior School Principal Tours @ 9.15am

Spring Instrumental Evening in EPAC @ 7.00pm

Fri 7th

Middle School Wellbeing Day

Sun 9th

Tournament of Minds @ Flinders University

Tue 11th

Reception Parent Teacher Interviews

Yrs 1-6 Student Led Conferences

Wed 12th

Reception Parent Teacher Interviews

Yrs 1-6 Student Led Conferences

Wed 12th - Fri 14th

Yr 10 Camp - Nunyara, Belair

Thu 13th

SACSA Yr 8/9 Soccer

Fri 14th

SACSA Open Soccer

Tue 18th

JS Musical Rehearsal

MS/SS Parent Teacher Interviews
3.30pm - 8.30pm

Wed 19th

MS/SS Parent Teacher Interviews
3.30pm - 5.30pm

JS Musical @ Edwardstown Baptist Church

2018 Term Dates

Term 3

Tue 24 Jul - Fri 28 Sep

Term 4

Mon 15 Oct - Wed 5 Dec

(Term dates subject to change)

2019 Term Dates

Term 1

Tue 29 Jan - Fri 12 Apr

Term 2

Tue 30 Apr - Fri 5 Jul

Term 3

Wed 24 Jul - Fri 27 Sep

Term 4

Mon 14 Oct - Wed 4 Dec

(Term dates subject to change)

Weekly Coffee Connect
Tuesday Morning
8.45am - 9.45am



Weekly Prayer Connect
Thursday Morning
8.45am - 9.15am



From the Head of Middle School

Dear Parents and Friends

At the start of August, Andrew Linke and I attended The Christian Schools Australia National Leaders Summit in Alice Springs. The keynote speaker for this event was Dr Robert Loe, from the United Kingdom, who was engineering the Relational Schools project – The Christian foundation of relational thinking.

Rob spoke to us about research that he and a large team have done into understanding how young people in Australian Christian schools thrive and succeed well above many other schooling institutions and why this was the case. Once the research was concluded and the data analysed, the information clearly pointed to success based on schooling institutions having a sense of community and a common purpose. Rob explained that you cannot learn if you are frightened, you cannot learn if you are unhappy, you cannot learn if you do not belong in a classroom. He unpacked in much detail the studies and the important findings for families and educators to enable us to embrace and grow our young people and to have high levels of success in schools. He used a term I really liked, that wellbeing of young people was intrinsically linked to “wellbelonging” the sense that when we belong to something bigger than ourselves, a safe community, we thrive and can achieve our best potential.

Kids Matter agrees that belonging improves mental health, wellbeing and learning:

“Belonging is very important for children’s mental health and wellbeing. Children who feel that they belong at school are happier; more relaxed and have fewer behavioural problems than other students have. They are also more motivated to learn and be more successful with their schoolwork. Research into children’s mental health has found that a sense of belonging and connectedness at school helps to protect children against mental health difficulties and improves their learning.”

Schools can support our young people to thrive by:

- Making the school environment welcoming for all students and families
- Encouraging teachers to get to know all their students and their families
- Identifying ways of improving communication with families
- Having policies on safety, welfare and discipline clearly communicated
- Supporting a sense of belonging for children and families

What parents and carers can do?

- Find out about the school and what your child is learning; support and encourage them
- Make time to listen to your child and how they are travelling with school
- Let your child’s teacher know if they are having difficulties and discuss together how you can support them in partnership

Let us work together to think how we can make our young people increase their sense of belonging in our School Community.

Andrew Edmondson
Head of Middle School

Scholarships at Emmaus Christian College

Applications are now open for Scholarships offered by Emmaus Christian College for 2020.

- ACER Scholarships for Year 8 in 2020 (applications close Thursday 24th January 2019)
- Music Scholarship for new students entering Year 7 or Year 8 in 2020 (applications close Friday 1st February 2019)
- Pilgrim Scholarship for Year 8 in 2020 (applications close Friday 1st February 2019)

Full details of Scholarships and application forms are available on the College Website.

Scholarships at Emmaus Christian College are available to students who meet the College's enrolment criteria. Please contact Barb Greenslade, Registrar on 8292 3834 if you require further information.

Street Car Parking around College

Please observe the parking regulations in Lynton Avenue, Wheaton Street and Castle Street (opposite College) and be respectful of our neighbours by not parking across driveways and blocking garage doors.

Due to a recent complaint to the Council from a local resident, there will be traffic warden patrols in the area over the coming weeks.

Senior School News

Tabor Social Justice Grant

Congratulations to Mr Andrew Verco's Home Group who have won the Tabor Social Justice grant of \$500.00. The class worked as a group to apply for the grant to commemorate the connections Emmaus Christian College have with the Ernabella community. The students have designed a bronze plaque to be set on a rock brought down from the APY lands. It is a little piece of the Ernabella landscape to be placed between the two school flags. It is an impressive effort to recognise what is a very special connection between the Ernabella Community and Emmaus Christian College.



SAETA Writing Competition

Congratulations to Hannah (Year 11) for her recent award in the SAETA Writing Competition. Hannah was entered into the creative writing contest by her teacher Mrs Janine Bates that was held for the State over the last few months.

Hannah was awarded third place in the South Australian English Teachers Association Annual Young Writer's Competition. Her short story, titled 'Rocky the Rooster' was recently published in Opinion, an English Association magazine.

I congratulate all our students on their efforts with creative writing and in particular Hannah. I wish them many happy stories for the future.



Andrea Grear
Head of Senior School

Student Wellbeing Coordinator

I would just like to say a quick thank you to the Father's in our Emmaus community – and all the Father like figures that support our students. Parenting is such a challenge and I am always so encouraged when I see how many dad's come to school to drop off or pick up their children, turn up to events such as the Father's Day breakfast, musicals, sporting events etc or support their children and our College in any number of ways. Fathers are sometimes undervalued in our society.

Studies show that if your child's father is affectionate, supportive, and involved, he can contribute greatly to your child's cognitive, language, and social development, as well as academic achievement, a strong inner core resource, sense of well-being, good self-esteem and authenticity.

The Bible also gives us a clear example of how our loving, heavenly Father interacts with his children through his relationship with son Jesus.

For an encouraging article on Fathers entitled, 'Father to Father: 7 Tips to Fathering Success', please [click here](#).

Sue Chapman
Student Wellbeing Coordinator

Music

Performing Arts Calendar 2018

Term 3	Week 7	Thursday 6 th September	Spring Instrumental Evening @ 7.00pm in EPAC
	Week 9	Wednesday 19 th - Thursday 20 th September	Junior School Musical
Term 4	Week 3	Thursday 1 st November	Music Count Us In

Andrew Verco
Music Coordinator (Rec - Year 12)

Junior School

From Eggs to Chickens!

Our two Reception classes have been excitedly watching eggs hatch to produce adorable little chickens. The classes hired 2 chickens and 12 eggs from Henny Penny Hatching. This experience is inspiring learning across the whole curriculum.

The Scientific Bubble Show - Science and book Week Incursion

All R-6 students were blessed to watch an outstanding Science Show in the EPAC educating children around solids, liquids and gases. The presenter holds the world record for creating the largest bubble in the whole world!



Forensic Science Show

All Year 3-6 students were fascinated by an interactive fossils and forensic Science workshop. Multiple Stations were set up around the EPAC for children to explore many and various types of fossils and environmental information.

Adelaide oval excursion - The way People and Places change

Year 1-2 students visited the Adelaide Oval as part of their Place unit in HASS. Children looked at how places change over time to meet changing needs.

Father's Day Breakfast 2018

It was great to see so many Fathers from Reception to Year 12 attended our wintery morning to enjoy bacon, eggs and pancakes – what a blessing to have a large EPAC and gym! Fathers are a blessing from the Lord to their children and we were pleased to recognise and celebrate this with so many families. A sincere thank you to our Year 5/6 Parent Reps and their parent and student helpers from all over the school, who coordinated and ran our Father's Day Breakfast for 2018.

Musical Production Week

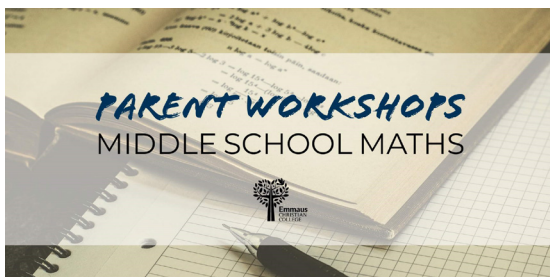
All families are asked to look out for a very important Musical Production Week letter that will be send to families this week. Detailed information regarding costumes, rehearsal times and transport will be included in this letter.

Helen Vonow

Head of Junior School

Upcoming Events

Parent Workshops - Middle School Maths



Location Emmaus Christian College, Staff Room, Level 1

Workshop Dates Wednesday 12th September, 7.30pm to 9.30pm
Wednesday 24th October, 7.30pm to 9.30pm

[BOOK NOW](#) at Trybooking

Presented by the Mathematical Association of SA, these FREE workshops will present how concepts for Middle School Mathematics are now taught in school. Complementary to last term's workshops and due to interest from parents, they are an opportunity to help you understand the topics to better support your child's learning progress. The presentations will be flexible to the needs of parents attending and help parents become more confident to understand and support their children learn mathematics.

The Peace Child - Junior School Musical



Location	Edwardstown Baptist Church Corner of Dorene Street & Rothesay Avenue, St Marys
Dates	Wednesday 19 th September, Matinee Show at 1.00pm Wednesday 19 th September, Evening Show at 7.00pm Thursday 20 th September, Evening Show at 7.00pm

[BOOK NOW](#) at Trybooking

You are invited to journey with us to the mythical land of Mambica, a place bursting with rhythm and colour.

Two rival tribes taunt each other across a river which divides them, until one day...everything changes. The unexpected arrival of a western TV crew see this tribal lifestyle as an opportunity for a ground-breaking documentary!

War or peace? As the tribes anticipate the troubles ahead, a startling solution surfaces to the age old problem of hatred and pride.

DVD Orders Available

A DVD of the Performance is available for purchase through [TryBooking](#) for \$20.00 each. Final orders must be made by Friday 28th September. For more information, please contact Debby Scheepers.

Launch News

Science and Engineering State Finals

On Thursday 30th August, thirty one, Year 9 and Year 10 students competed in the State Finals against the top 8 schools from South Australia at Titanium Stadium. The students competed in 8 different STEM challenges.

Congratulations to our Emmaus team who came first in the Confounding Communications component of the competition.

Well done to all students for a great team effort.

Emmaus came 4th in the State. An outstanding achievement!

Allison Storey

Middle School Teacher & Science Coordinator



Oliphant Science Awards

Emmaus had 28 entries this year.

Congratulations to the following students for winning prizes:

- Cameron (Year 9) two prizes for his entry in the Scientific Inquiry on Teens, Screen and Dreams and for his Computer and Robotics entry
- Ruby (Year 9) for her entry in the Scientific Inquiry on Investigating Different Shades of Chroma Key Green
- Kaitlin (Year 9) for her entry in Scientific Inquiry on Effect of Music on the Human Heart Rate Highly Commended Awards
- Queenie (Year 7) for her Model and Invention based on Hydraulics
- Hannah (Year 9) Scientific Inquiry
- Jamie (Year 9) Scientific Inquiry

Thank you to Mrs Jenelle Reeves and Mr Jason Brougham for their assistance.

Allison Storey and Susanne Milne

Debating SA

Well done to our 42 debaters, consisting of students from Year 5 to Year 9, for a great season.

Thank you to Mrs Michelle Coppins, Ms Sarah Burrow, Ms Amy Chesser, Mrs Carolyn Hull, Ms Maria Zucco and Mr Jeremy Coggins for their time and commitment in coaching our students this year.

In the 5th and Final round we had 3 team wins.

Congratulations to Mahalia (Year 5), Bryant (Year 6) and Hanna (Year 7) for winning Debater's of the evening.

Our final ranking for our 8 teams are:

Year 5 Purple 1st (out of 22 teams). They won every debate!

Year 5 Red 15th

Year 6/7 Blue 16th (out of 102 teams)

Year 6/7 Green 33rd

Year 6/7 Orange 45th

Year 8 Maroon 35th (out of 48 teams)

Year 9 Yellow 12th (out of 42 teams)

Year 9 Purple 13th

We are looking forward to next year already!

Tournament of the Minds (T.O.M.)

We have 3 teams entering the T.O.M. competition on Sunday afternoon at Flinders University.

The three teams chose new challenges to T.O.M. for their long term challenge - STEM and The Arts.

They have 10 minutes to present their creative solutions before a panel of 3 Judges and compete in a 2 minute spontaneous challenge.

We wish them all the best.

Susanne Milne

Launch Coordinator (Rec - Year 10)

First Aid

Is Your Asthma Well Controlled?

Did you know that according to Asthma Australia, using your blue reliever puffer more than two days a week is a sign of poorly controlled asthma? You could be treating the symptoms but not the cause. Please [click here](#) to do the quick 'Asthma Control Test'.

Managing your asthma and having good asthma control is more than relying on your blue reliever medication. Please read the attached flyer to learn more about effective asthma management.

If you would like to discuss your child's asthma management with a First Aid Officer at school, please call 8292 3884 to speak with us.

Ros Argent and Maria McIver

First Aid Officers

Canteen Roster

Week 7 T3

Thu 6 th	No help needed
Fri 7 th	HELP NEEDED

Week 9 T3

Mon 17 th	No help needed
Tue 18 th	No help needed
Wed 19 th	Sam Allison
Thu 20 th	No help needed
Fri 21 st	Helen Talbot

Week 8 T3

Mon 10 th	No help needed
Tue 11 th	No help needed
Wed 12 th	Blake Watson
Thu 13 th	No help needed
Fri 14 th	Trina Bosnakis

Week 10 T3

Mon 24 th	No help needed
Tue 25 th	No help needed
Wed 26 th	HELP NEEDED
Thu 27 th	No help needed
Fri 28 th	Katherine Papazoglou

Thank you for the time you volunteer in the canteen, it is very much appreciated. The hours are from 9.30am to approximately 1.30pm. Due to Occupational Health and Safety, please wear enclosed shoes and ensure long hair is tied back. Please also remember to sign in at the Front Office and wear a visitors badge before you commence in the canteen. This is a legal requirement in case of fire evacuation/lock down. Thank you for your assistance with this important matter.

Christine Blom-Cursaro and Sharon Hughes

Uniform Shop

2018 Normal Opening Hours

Monday 8.30am - 10.00am 3.00pm - 5.00pm	Thursday 8.30am - 10.00am 1.00pm - 1.30pm 3.00pm - 5.00pm
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Uniform Updates

Rugby Shorts

2018 is the last year the plain navy rugby shorts will be worn. The expectation is for all students to wear the micro fibre navy short with gold piping from 2019. Thank you for your cooperation. The price of the shorts is \$40.00. We encourage students who represent our College while playing sport to purchase the shorts as soon as possible. We would love to see the sport teams representing our school, take pride in their uniform, plus they are super comfy, being a stretch micro fibre. Thank you for your cooperation.

Primary School Track Pants

The plain navy track pant can continue to be worn in 2018 and 2019. The expectation is for all students to wear the micro fibre track pant with the gold piping from 2020. For more information, please call the uniform shop Monday or Thursday on 8292 3888.

Christine Blom-Cursaro

Uniform Shop Manager

Community News

Camp United Nations for Girls Adelaide 2019

Saturday, 9th March 2019, 9.00am – 5.00pm

Camp United Nations for Girls Adelaide 2019 is a political leadership program that introduces girls aged 9 to 12 to International Politics and the work of the United Nations. The program begins with a lesson on the history of the United Nations and its purpose. This is followed by an explanation of the structure, leadership and the rules of procedure of the United Nations starting with the General Assembly and subsidiary organisations. Participants learn about the specific work undertaken in the United Nations' boards, commissions, committees, councils and panels and working groups. Prior to convening the General Assembly, each participant will be assigned a country and guided through researching her country. When the General Assembly convenes delegates will give speeches, negotiate with other delegates, caucus and propose resolutions along with amendments before finally voting. All activities will be guided by a camp counsellor in small working groups of delegates.

Camp United Nations for Girls is ideal for girls with an interest in politics. The individual delegate fee is \$175.00 and the group rate is \$155.00 per delegate (purchase of 5 or more tickets qualifies for the group rate fee). The delegate fee covers all program materials, snacks, lunch and GIP logo T-shirt. The registration fee is non-refundable unless the organiser cancels the event. For additional information visit their website at www.girlsinpolitics.org

YMCA Junior Parliament October Holiday Camp

Junior Parliament is an apolitical program that gives young people an opportunity to learn about democracy, parliament, public speaking and leadership in a fun and supportive environment. Junior Parliament is a program for young people aged 12 - 15 years and is based on the successful Youth Parliament program.

Junior Parliament is run by young people for young people. It is a chance to BE THE CHANGE on the issues you care about, meet some new friends and develop your leadership skills.

Last year two Emmaus students from both Year 7 and Year 8, attended and found it to be a positive and worthwhile experience. Junior Parliament 2018 is a three day, two night program, being held on Tuesday 9th to Thursday 11th October, that includes a day in Parliament House debating Youth Bills the Junior Parliamentarians have written.

Applications are now open and close Monday 24th of September. For more information about this unique opportunity, [click here](#).

Dare to Dream - Little Athletics Holiday Clinic

A clinic from Wednesday 3rd to Wednesday 10th October for any 5 - 17 year olds to learn, have fun, improve their athletic skills and meet Australian Olympic Race Walker, Claire Tallent and Australian Para-Athlete Thrower, Daniel Kirk at SA Athletics Stadium, Mile End. Registrations close Wednesday 26th September. For more information 8352 8133 or littleathleticssa.com.au/holidayclinics

Bedwetting

For information on all the causes of bedwetting and an outline of the treatment options available to cure the condition, please see the Bedwetting Institute® website www.bedwetting.com.au

Using your blue puffer more than 2 days in 7?

Don't rely on a quick fix!

People often treat their asthma as a short-term condition that comes and goes when they have asthma symptoms. But, asthma is a chronic (long-term) condition that's always there, even when you don't have symptoms.

Managing your asthma and having good asthma control is more than relying on your blue reliever medication. In fact, using your reliever medication more than 2 days in 7, may be a sign of poor asthma control.

Follow our asthma checklist to ensure you're taking the right steps to live well with asthma.

Visit your doctor for an asthma review

With your doctor:

- assess your current level of asthma control
- make sure you are on the right medicines to manage your asthma (e.g. a preventer)
- check your inhaler technique
- ensure your written Asthma Action Plan is up-to-date

Take the Asthma Control Test

If you have experienced any of the following in the last four weeks it indicates your asthma may not be under good control.

- daytime asthma symptoms more than 2 days per week
- need for reliever medication more than 2 days per week
- any limitation on activities due to asthma symptoms
- any asthma symptoms during the night or on waking

Take the Asthma Control Test at www.asthmaaustralia.org.au/2daysin7 to get your Asthma Score.

Preventer – every day when well

Most adults with asthma should have preventer medication. Daily use of a preventer is key to keeping well. Regular use of your preventer makes the airways less sensitive and will reduce your symptoms.

Check your device technique

Up to 90% of people are thought to use their inhalers incorrectly, which means the dose of medicine isn't getting into the lungs. Ask your doctor or pharmacist to check you are using your inhaler medication device correctly.

Get a written Asthma Action Plan

With your doctor, develop and follow a written Asthma Action Plan for:

- better controlled asthma
- fewer asthma flare-ups
- fewer days off work or school
- reduced reliever medication use
- fewer hospital visits

Learn asthma first aid

Download the Asthma First Aid App from the iTunes store or Google Play.

For asthma information and support call the **1800 ASTHMA** Helpline (1800 278 462) or visit asthmaaustralia.org.au/2daysin7 **#2daysin7**



Asthma Australia

